

# Cancer

Promoting & Protecting the Health of Iowans

Division of Health Promotion & Chronic Disease Prevention

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[www.idph.state.ia.us/hpcdp/chronic\\_disease\\_prevention\\_management.asp](http://www.idph.state.ia.us/hpcdp/chronic_disease_prevention_management.asp)



Nearly 17,300 Iowans will be diagnosed with cancer this year and 6,400 will die. But cancer statistics are more than numbers. They represent real people. The Iowa Department of Public Health's cancer programs educate, prevent, detect, and treat cancer, one person at a time.

"Jane," a 60 year-old Iowan with no health insurance, was having wrist surgery when her orthopedic surgeon discovered a lump in her breast. Immediately, the orthopedic surgeon contacted her family and another surgeon was brought in for an emergency breast examination. A biopsy was performed and cancer was discovered.

Thankfully, the surgeon was a *Care for Yourself* provider and knew that the program would cover the breast exam and biopsy. Jane's enrollment in the Iowa Department of Public Health's *Care for Yourself* program was completed upon leaving surgery. She is now receiving the treatment she needs to live a long life.

## Did you know?

Cancer is the second leading cause of premature death for Iowans.

### Why are cancer programs important to promoting and protecting the health of Iowans?

- Cancer affects nearly all Iowans.
- Many types of cancer can be prevented, or when detected early, can be successfully treated.
- More than half of Iowans diagnosed with cancer will survive it.

### Which Iowa Public Health Goals are we working to achieve?

Promote healthy behaviors

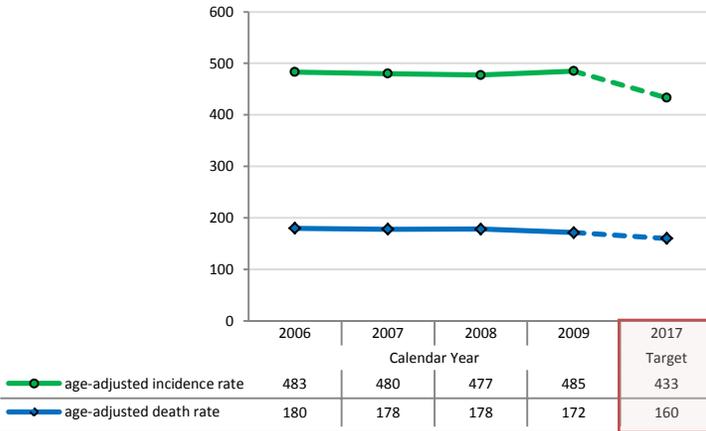
Strengthen the public health infrastructure

### What do we do?

- **Iowa Comprehensive Cancer Control Program** collaborates with the Iowa Cancer Consortium and state partners to develop the state cancer control plan and put it into action by:
  - ✓ Providing financial support to the Iowa Cancer Consortium to reduce the burden of cancer. A revised state cancer plan and more information are located at [www.canceriowa.org](http://www.canceriowa.org) and [www.idph.state.ia.us/CCC/](http://www.idph.state.ia.us/CCC/).
  - ✓ Funding projects that educate Iowans on cancer screenings, prevention, and quality of life.
  - ✓ Working to raise awareness to reducing skin cancer. Information for schools, homes, and worksites is available at [www.sunsafeiowa.org](http://www.sunsafeiowa.org).
- **Iowa Care for Yourself Breast and Cervical Cancer Early Detection Program** helps low-income women access breast and pelvic exams, mammograms, and Pap tests. The program reimburses health care providers for screening and diagnostic services provided to eligible women. The program also works to increase awareness across the state of the importance of early detection, diagnosis, and treatment. For more information please visit [www.idph.state.ia.us/CFY/](http://www.idph.state.ia.us/CFY/).
- **Iowa Get Screened: Colorectal Cancer Program** works with community partners, local public health offices, health care providers and Federally Qualified Health Centers to provide colorectal cancer screening services to Iowans who are uninsured or underinsured, at or below 250 percent of the federal poverty level, and those who are at average or an increased risk for colorectal cancer. Additional program goals include:
  - ✓ Increase colorectal cancer screening rates among Iowan's ages 50 to 64;
  - ✓ Provide social marketing and public education to increase colorectal cancer screenings and detection at earlier and more treatable stages to lower mortality rates;
  - ✓ Educate health care providers about colorectal cancer screenings;
  - ✓ Encourage system changes that will increase screening rates and access to services.
  - ✓ Please visit [www.idph.state.ia.us/IGS/](http://www.idph.state.ia.us/IGS/) for more information.

## How do we measure our progress?

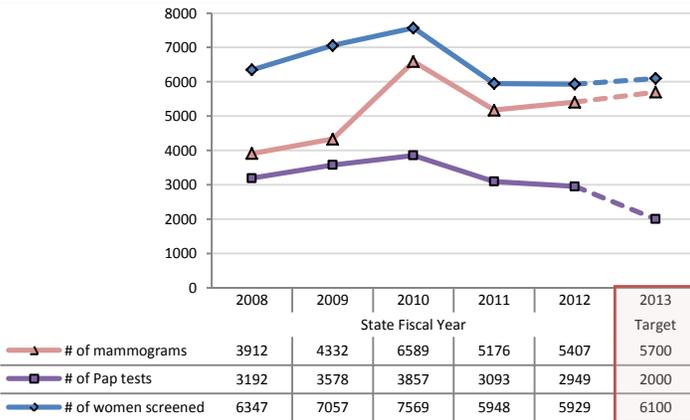
### 1 Cancer incidence and death rates (per 100,000 Iowans).



Data Source: State Health Cancer Registry. Data are available annually. Go to [www.public-health.uiowa.edu/shri/index.html](http://www.public-health.uiowa.edu/shri/index.html) for information about age-adjusted rates. 2010 & 2011 data are not yet released.

**How are we doing?** The number of cancer deaths has declined since 2006.

### 2 Number of women screened, and number of mammograms and Pap tests provided.



Data Source: BCCEDP Data Set. Data are available annually. SFY2012 data has not been finalized and is subject to change.

**How are we doing?** In SFY2012, the program screened 5,929 women and provided 5,407 mammograms and 2,949 pap tests.

### What can Iowans do to help?

1. Learn more about cancer risks and symptoms, prevention, early detection, treatment, and survivorship.
2. Live healthier lives; quit smoking or do not start, maintain a reasonable weight, exercise, eat a diet rich in fruits and vegetables and avoid too much sun.
3. Have regular age and risk-appropriate cancer screenings (Pap test, mammogram, skin check, colonoscopy, etc.).
4. Join the Iowa Cancer Consortium and help reduce the burden of cancer in Iowa.

Visit [www.idph.state.ia.us/CCC/](http://www.idph.state.ia.us/CCC/) and [www.canceriowa.org](http://www.canceriowa.org) to learn more.

### Expenditures

**Iowa Comprehensive Cancer Control Program:** general fund, and federal funds: K07-0865/0867; 0153-0416/594/598.

**Breast & Cervical Cancer Early Detection:** federal funds, private grant\*, and intra-state receipts\* (Dept of Transportation – License Plate Sales): 0153-0408/0426/0596; K07-0775/0852.

**Iowa Get Screened Colorectal Cancer Program:** federal funds: 0153-0430/0762.

	State Fiscal Year 2011 Actual	State Fiscal Year 2012 Actual	State Fiscal Year 2013 Estimate
State funds	\$478,454	\$610,770	\$1,120,993
Federal funds	\$3,741,866	\$3,351,348	\$3,690,571
Other funds*	\$259,168	\$240,303	\$280,382
<b>Total funds</b>	<b>\$4,479,488</b>	<b>\$4,202,421</b>	<b>\$5,091,946</b>
FTEs	9.35	8.66	10.70

**Note:** Funding information is intended to provide an overview of funding related to the program area. It does not include all federal and state requirements and/or restrictions for the use of funds. Contact the program area for more detailed budget information.

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Iowa Care for Yourself Breast and Cervical Cancer Early Detection Program: Phone: 515-281-5616 ♦ [www.idph.state.ia.us/CFY/](http://www.idph.state.ia.us/CFY/)

Iowa Get Screened Colorectal Cancer Program: Phone: 515-281-5616 ♦ [www.idph.state.ia.us/IGS/](http://www.idph.state.ia.us/IGS/)