



# Iowa Influenza Surveillance Network (IISN)

## Influenza-like Illness (ILI) and Other Respiratory Viruses

### Weekly Activity Report

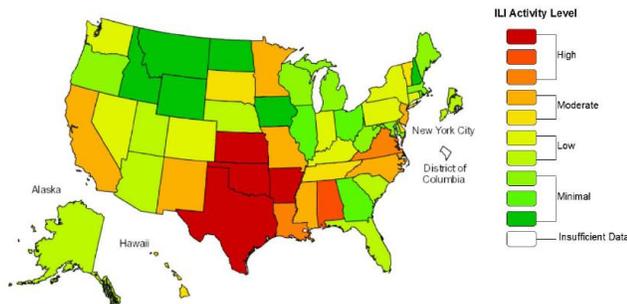
For the week ending February 1, 2014, Week 5

### Quick Stats for this reporting week

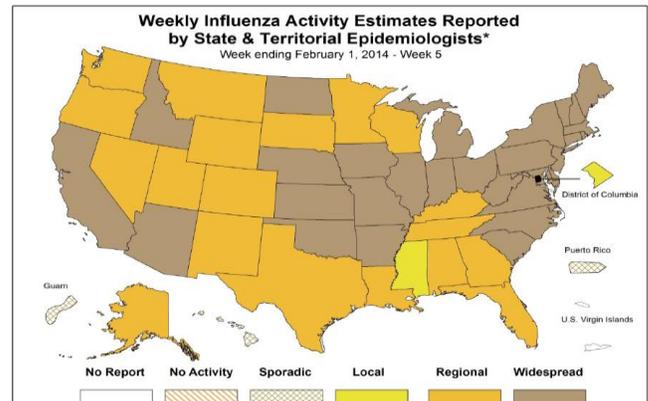
<b>Iowa activity level<sup>1</sup></b>	<b>Widespread</b>
Percent of outpatient visits for ILI <sup>2</sup>	0.5 % (baseline 1.8%)
Percent of influenza rapid test positive	16.4% (264/1606)
Percent of RSV rapid tests positive	25.9% (87/336)
Percent school absence due to illness*	2.4
Number of schools with ≥10% absence due to illness	4
Influenza-associated hospitalizations**	35/6,270 inpatients surveyed
Influenza-associated pediatric mortality***	0

\*Percent school absence due to illness are reported through a weekly survey of Iowa sentinel schools  
 \*\*Hospitalizations due to influenza are voluntarily reported through a weekly survey of Iowa sentinel hospitals  
 \*\*\*CDC asks states to report any pediatric death (<18 years old) associated with influenza  
 Note: All data in this report are provisional and may change as additional reports are received

**Influenza-Like Illness (ILI) Activity Level Indicator Determined by Data Reported to ILINet**  
2013-14 Influenza Season Week 5 ending Feb 01, 2014



\*This map uses the proportion of outpatient visits to health care providers for influenza-like illness to measure the ILI activity level within a state. It does not, however, measure the extent of geographic spread of flu within a state.



\*This map indicates geographic spread & does not measure the severity of influenza activity.

### Iowa statewide activity summary

Influenza activity in Iowa remains widespread. For this reporting period, the State Hygienic Laboratory (SHL) confirmed 39 cases of seasonal influenza, including 35 cases of 2009 H1N1, one case of H3N2, two cases of A subtyping pending, and one case of influenza B. So far this season, a total of 565 cases of influenza have been confirmed with the 2009 H1N1 virus predominating. The proportion of outpatient visits due to influenza-like illness (ILI) was 0.54% and remains below the regional baseline. There were 35 influenza-associated hospitalizations reported from sentinel hospitals, bringing the total number of influenza-associated hospitalizations to 345. There were four schools that reported 10 percent or greater absenteeism due to illness. In addition, 11 cases of adenovirus, two cases of parainfluenza 3, one case of parainfluenza 4, 20 cases of rhinovirus/enterovirus, 24 cases of respiratory syncytial virus (RSV), and four cases of human metapneumovirus were reported to IDPH this reporting week.

### National activity summary - [www.cdc.gov](http://www.cdc.gov)

**Synopsis:** During week 5 (January 26-February 1, 2014), influenza activity remained high in the United States.

<sup>1</sup> **No Activity:** No laboratory-confirmed cases of influenza and no reported increase in the number of cases of influenza-like illness (ILI<sup>2</sup>).  
**Sporadic:** Isolated laboratory-confirmed influenza cases or a single influenza outbreak has been reported, but there is no increase in cases of ILI<sup>2</sup>.  
**Local:** Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in a single region of the state.  
**Regional:** Outbreaks of influenza or increases in ILI and recent laboratory-confirmed influenza in at least two but less than half the regions of the state.  
**Widespread:** Outbreaks of influenza or increases in ILI cases and recent laboratory-confirmed influenza in at least half the regions of the state.  
<sup>2</sup> ILI: Influenza-like Illness is defined as a fever of ≥100° F as well as cough and/or sore throat.

- **Viral Surveillance:** Of 8,282 specimens tested and reported during week 5 by U.S. World Health Organization and National Respiratory and Enteric Virus Surveillance System collaborating laboratories, 1,626 (19.6 percent) were positive for influenza.
- **Pneumonia and Influenza Mortality:** The proportion of deaths attributed to pneumonia and influenza was above the epidemic threshold.
- **Influenza-associated Pediatric Deaths:** Three influenza-associated pediatric deaths were reported.
- **Influenza-associated Hospitalizations:** A season-cumulative rate of 22.5 laboratory confirmed influenza-associated hospitalizations per 100,000 population was reported.
- **Outpatient Illness Surveillance:** The proportion of outpatient visits for influenza-like illness (ILI) was 3.2 percent, above the national baseline of 2.0 percent. All 10 regions reported ILI above region-specific baseline levels. Seven states experienced high ILI activity; 12 states experienced moderate ILI activity; 14 states and New York City experienced low ILI activity; 17 states experienced minimal ILI activity, and the District of Columbia had insufficient data.
- **Geographic Spread of Influenza:** The geographic spread of influenza in 29 states was reported as widespread; 19 states reported regional influenza activity; the District of Columbia and one state reported local influenza activity; Guam, Puerto Rico, and one state reported sporadic influenza activity, and the U.S. Virgin Islands did not report.

### **International activity summary - [www.who.int](http://www.who.int)**

In North America influenza activity remained high in recent weeks with A(H1N1)pdm09 predominant. In Europe, a slight increase in influenza activity has been observed, which may indicate the start of the influenza season. In China influenza activity continued to increase with influenza (H1N1)pdm09, A(H3N2) and influenza B co-circulating. In the southern hemisphere influenza activity remained low. In countries of tropical areas variable influenza activity was reported. Based on FluNet reporting (as of 23 January 2014, 13:25 UTC), during weeks 1 to 2 (29 December 2013 to 11 January 2014), National Influenza Centres and other national influenza laboratories from 72 countries, areas or territories reported data. The WHO GISRS laboratories tested more than 81,261 specimens. 24,494 were positive for influenza viruses, of which 22,425 (91.6%) were typed as influenza A and 2069 (8.4%) as influenza B. Of the sub-typed influenza A viruses, 11,033 (80.5%) were influenza A(H1N1)pdm09 and 2,669 (19.5%) were influenza A(H3N2). Of the characterized B viruses, 220 (84%) belonged to the B-Yamagata lineage and 42 (16%) to the B-Victoria lineage.

### **Laboratory surveillance program – influenza and other respiratory viruses**

The State Hygienic Laboratory (SHL) is the primary lab for influenza testing and reporting in Iowa. SHL reports the number of tests performed and the type and strain of positive tests to the influenza surveillance network several times every week. In addition, SHL surveys clinical and reference labs for the number of rapid-antigen tests performed and number positive weekly. This report also includes the positive non-influenza virus tests reported from SHL, the Dunes Medical Laboratories at Mercy Medical Center in Sioux City, and Iowa Methodist Medical Center in Des Moines.

#### **Specimens tested by the State Hygienic Laboratory**

	<i>Current week</i>	<i>Cumulative since 9/1/13</i>
<b>Flu A</b>	38 (46%)	562 (54%)
A (2009 H1N1)	35 (42%)	518 (49%)
A (H3)	1 (1%)	16 (2%)
A (H3N2) variant	0 (0%)	1 (<1%)
Subtype pending	2 (2%)	27 (3%)
<b>Flu B</b>	1 (1%)	3 (<1%)
<b>Equivocal</b>	0 (0%)	4 (<1%)
<b>Indeterminate</b>	1 (1%)	5 (<1%)
<b>Negative</b>	43 (52%)	490 (46%)
<b>Total</b>	83	1,064

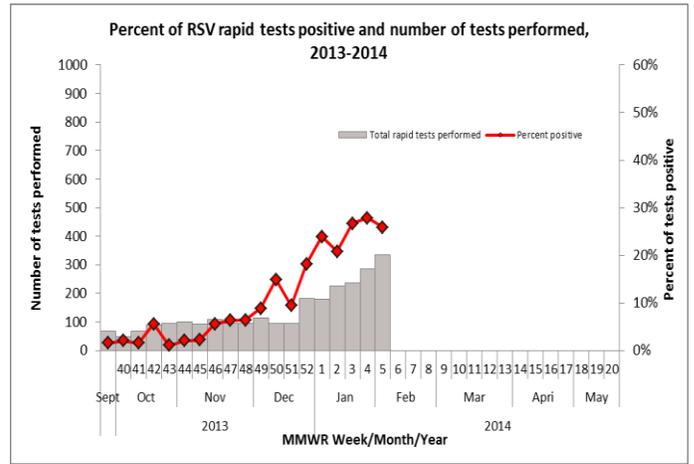
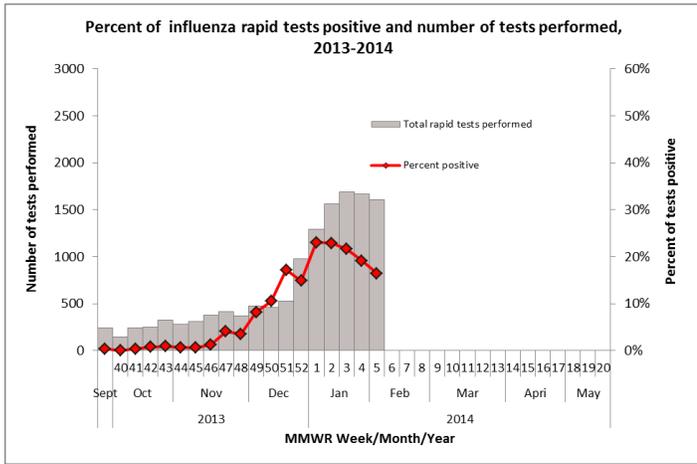
Note that only cases of Iowa residents are included.

<i>Age group</i>	<i>Flu A (2009 H1N1)</i>	<i>Flu A (H3)</i>	<i>Flu A (H3N2) Variant</i>	<i>Flu A (subtype pending)</i>	<i>Flu B</i>
<b>0-4</b>	81 (16%)	5 (31%)	* (0%)	3 (11%)	1 (33%)
<b>5-17</b>	72 (14%)	1 (6%)	* (0%)	2 (7%)	1 (33%)
<b>18-24</b>	65 (13%)	1 (6%)	0 (0%)	5 (19%)	0 (0%)
<b>25-49</b>	154 (30%)	3 (19%)	0 (0%)	5 (19%)	1 (33%)
<b>50-64</b>	82 (16%)	1 (6%)	0 (0%)	6 (22%)	0 (0%)
<b>&gt;64</b>	64 (12%)	5 (31%)	0 (0%)	6 (22%)	0 (0%)
<b>Total</b>	518	16	1	27	3

\* Counts of three or less are sometimes suppressed to protect confidentiality. Note that counts may not add up to the total due to missing age information

**Table 3. Number of positive results for non-influenza respiratory virus isolated by Mercy Dunes in Sioux City and Iowa Methodist Medical Center**

	<i>Current week</i>	<i>Cumulative since 9/1/13</i>
<b>Adenovirus</b>	11	80
<b>Parainfluenza Virus Type 1</b>	0	41
<b>Parainfluenza Virus Type 2</b>	0	1
<b>Parainfluenza Virus Type 3</b>	2	14
<b>Parainfluenza Virus Type 4</b>	1	17
<b>Rhinovirus/Enterovirus</b>	20	328
<b>Respiratory syncytial virus (RSV)</b>	24	117
<b>human metapneumovirus (hMPV)</b>	4	13



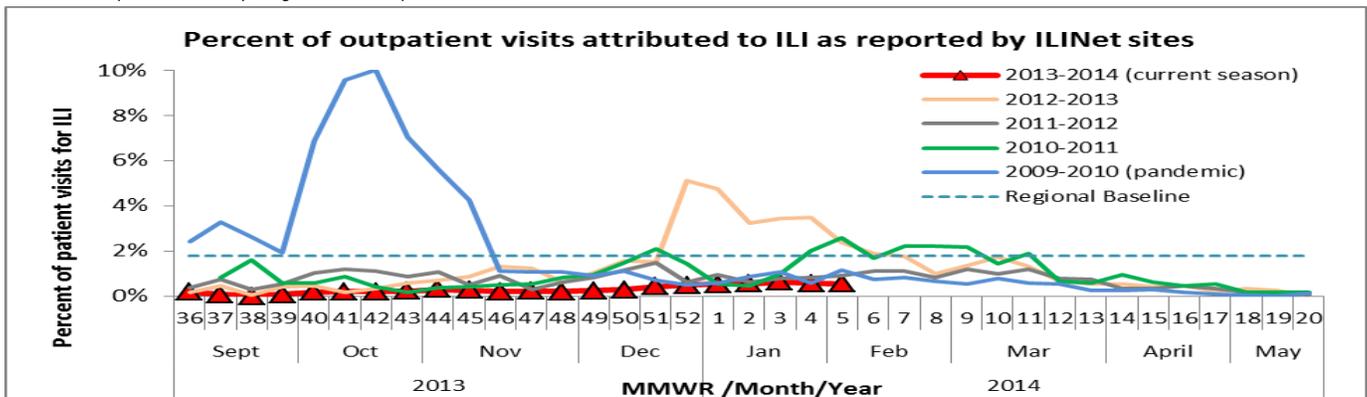
**Outpatient health care provider surveillance program (ILINet)**

Outpatient health care providers who participate in the ILINet (a national influenza surveillance program) report the number of patients seen with influenza-like illness and the total number of patient visits each week. This system is a key part of Iowa’s influenza surveillance. Iowa health care providers interested in joining this important surveillance program should contact Yumei Sun at 515-281-7134 or [yumei.sun@idph.iowa.gov](mailto:yumei.sun@idph.iowa.gov) for more information.

**Table 4. Outpatient visits for influenza-like illness (ILI) in the past three weeks\***

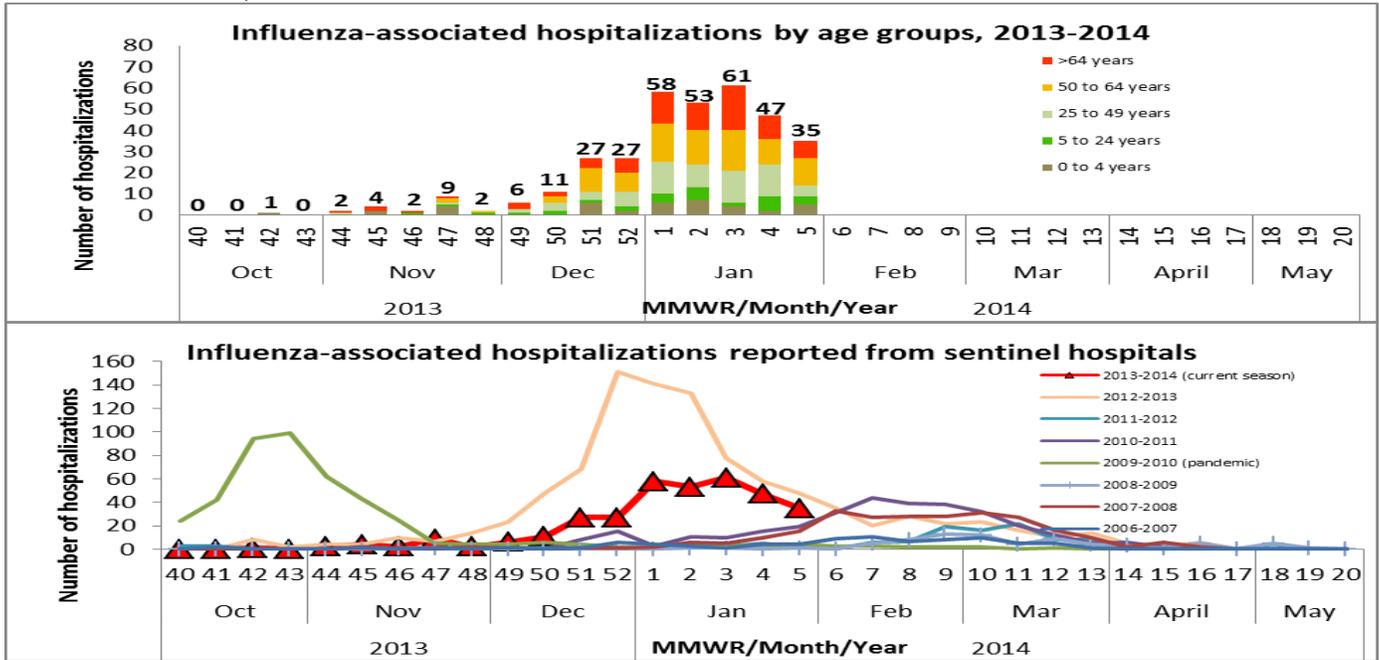
Week	% ILI	Total ILI	Age 0-4	Age 5-24	Age 25-49	Age 50-64	Age > 64
Week 03, ending Jan 18, 2014	0.63	210	53	74	52	17	14
Week 04, ending Jan 25, 2014	0.57	182	46	74	38	21	3
Week 05, ending Feb 01, 2014	0.54	175	41	68	50	13	3

\*ILI counts are provisional and may change as additional reports are received



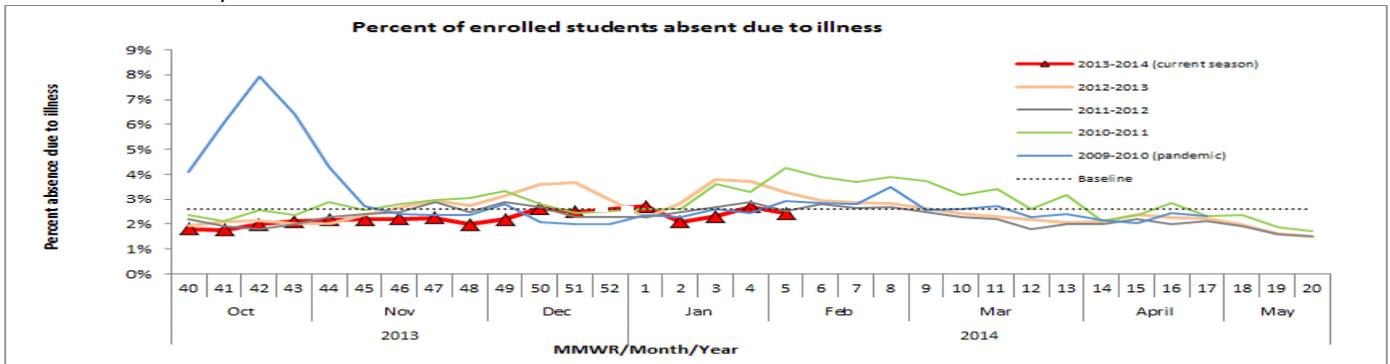
### Influenza-associated hospitalizations

Sentinel hospitals that participate in IISN voluntarily track and report the number of influenza-associated hospitalizations and the total number of inpatients each week.



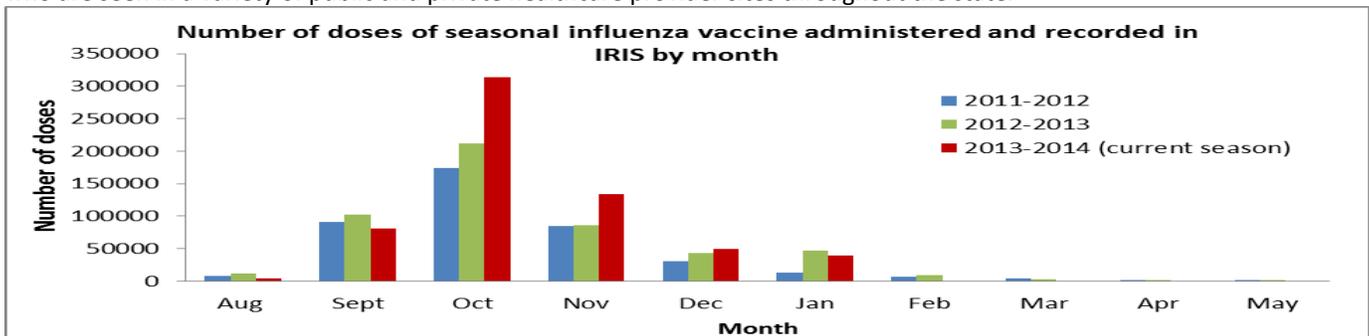
### School surveillance program

Sentinel schools that participate in IISN voluntarily track and report absence due to all illness (including non-influenza illnesses) and the total enrollment each week.



### Seasonal influenza vaccination

Seasonal influenza vaccination in Iowa is based on doses reported to the Iowa Immunization Registry Information System<sup>3</sup> (IRIS). IRIS is a confidential, computerized, population-based system that tracks immunizations for children, adolescents and adults who are seen in a variety of public and private healthcare provider sites throughout the state.



Note: The data for the 2013-2014 season is only up to the current week and there is a lag between the vaccine administration date and the date reported to the IRIS. Therefore, the current season's data will be adjusted as additional data is received.

<sup>3</sup> For information on the immunization data, contact Kim Tichy, IRIS coordinator, at 515-281-4288 or [Kimberly.Tichy@idph.iowa.gov](mailto:Kimberly.Tichy@idph.iowa.gov)

**Regional activity** (Data from sentinel surveillance system surveillance sites, except all schools with  $\geq 10\%$  absence due to illness must report.)

Region 1 (Central)	
Influenza-associated hospitalizations	17/3,945
Percent of influenza rapid test positive	21.8% (42/193)
Percent of RSV rapid tests positive	46.7% (21/45)
Schools with $\geq 10\%$ absence due to illness	0

Region 2 (North Central)	
Influenza-associated hospitalizations	0/485
Percent of influenza rapid test positive	8.5% (5/59)
Percent of RSV rapid tests positive	36.4% (4/11)
Schools with $\geq 10\%$ absence due to illness	0

Region 3 (Northwest)	
Influenza-associated hospitalizations	5/186
Percent of influenza rapid test positive	22.2% (93/418)
Percent of RSV rapid tests positive	17.6% (19/108)
Schools with $\geq 10\%$ absence due to illness	3

Region 4 (Southwest)	
Influenza-associated hospitalizations	2/38
Percent of influenza rapid test positive	10.3% (12/117)
Percent of RSV rapid tests positive	26.1% (6/23)
Schools with $\geq 10\%$ absence due to illness	1

Region 5 (Southeast)	
Influenza-associated hospitalizations	N/A
Percent of influenza rapid test positive	12.0% (15/125)
Percent of RSV rapid tests positive	16.7% (2/12)
Schools with $\geq 10\%$ absence due to illness	0

Region 6 (East Central)	
Influenza-associated hospitalizations	11/1,616
Percent of influenza rapid test positive	14.0% (97/694)
Percent of RSV rapid tests positive	25.5% (35/137)
Schools with $\geq 10\%$ absence due to illness	0

Iowa map with regions and in red the number of schools that have  $\geq 10\%$  absence due to illness

