Health Care Transformation

Phone: 515-954-9537
www.idph.state.ia.us/OHCT

Promoting & Protecting the Health of Iowans

IDPH Iowa Department of Public Health

The Patient Protection and Affordable Care Act (ACA) is a United States federal statute signed into law by President Barack Obama on March 23, 2010. On June 28, 2012, the United States Supreme Court upheld the constitutionality of most of the ACA. The ACA is aimed primarily at decreasing the number of uninsured and reducing health care costs by improving preventative care and managing chronic diseases. The ACA, when fully implemented, will expand the number of people with health coverage, introduce strategies for improving the quality of health care, and support plans to make communities healthier places.

Iowa's current health care system is set up to focus on treating people once they become sick. Some experts describe this as sick care instead of health care. Iowa will never be able to contain health care costs until we start focusing on preventing people from getting sick in the first place, putting an emphasis on improving the choices we make that affect our risk for preventable diseases.

Chronic diseases, including heart disease, cancer, obesity and diabetes, account for seven out of every 10 deaths and affect the quality of life for tens of thousands of Iowans. In 2007, chronic diseases accounted for 68% of all deaths in Iowa. The dramatic growth of chronic diseases is a huge burden to Iowa. If this problem is ignored, the cost of treating chronic conditions could overwhelm health care. The good news is 80% of chronic conditions can be prevented through improved lifestyle choices focusing on prevention.

Did you know?

The Affordable Care Act will be fully implemented in 2014. Some major changes to come include improved preventative care, elimination of annual limits on health insurance, no discrimination do to pre-existing conditions or gender, paying physicians based on value not volume, and an easier and more affordable way to purchase health insurance.

Why is the Office of Healthcare Transformation (OHCT) important to promoting and protecting the health of Iowans?

- The OHCT serves as a key point-of-contact for health care reform initiatives within IDPH including:
  - ✓ Accountable Care Organizations
  - ✓ Health Insurance Marketplace
  - ✓ Chronic Disease Management Initiatives
  - ✓ Patient-Centered Medical Homes/Health Homes
- The mission of the OHCT is to promote community care coordination and advance the patient-centered transformation of the health care system, which will improve care and reduce cost.
- A patient-centered medical home (PCMH) is a practice that provides care that is accessible, continuous, comprehensive, family-centered, coordinated, compassionate, and culturally effective. It is a model of care that holds significant promise for better health care quality, improved involvement of patients in their own care, and reduced avoidable costs over time.
- Beginning in 2014, tens of millions of Americans will have access to health coverage through newly established health benefit exchanges in each State which will provide one-stop shopping and make purchasing health insurance easier and more affordable to Iowans. The OHCT's role is to ensure consumer education and outreach for the HBE.

Which Iowa Public Health Goals are we working to achieve?

Promote healthy behaviors

Prevent epidemics & the spread of disease

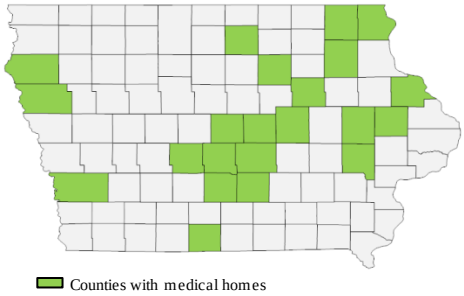
Strengthen the public health infrastructure

What do we do?

- The goals of the OHCT are: convening stakeholders; building relationships and partnerships; streamlining efforts; and offering assistance to Local Public Health Agencies to prepare for ACA implementation by encouraging:
  - ✓ Improved overall health of Iowans
  - ✓ Patient focused & increased patient satisfaction
  - ✓ Preventing and managing chronic diseases
  - ✓ Increased access to health care
  - ✓ Less use of emergency departments and hospital readmissions
- The OHCT uses innovative strategies to build and maintain partnerships with DHS, Iowa Department of Aging, Iowa Insurance Division, and the Iowa Department of Education by regularly presenting to outside stakeholder groups on national and state health care initiatives.
- The OHCT monitors federal health care issues and disseminates the key information, opportunities, and impacts to the public and other partners. The Check-Up is a health reform newsletter that is a key avenue to distribute this information. The Check-Up is archived here: www.idph.state.ia.us/IdphArchive/Archive.aspx?channel=CheckUp
- Iowa's Health Care Reform Act (HF 2539) has tasked IDPH with developing a plan for implementation of a statewide patient-centered medical home system and developing a state initiative for prevention and chronic care management. To do this, the OHCT coordinates the Patient-Centered Health Advisory Council.

How do we measure our progress?

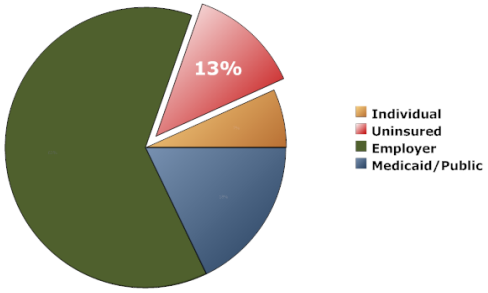
❶ **The number of NCQA recognized patient-centered medical homes in Iowa.Health Homes and Enrollees in the Iowa Medicaid Enterprise's Primary Care State Plan Amendment.**



Data Source: Iowa Department of Human Services- Iowa Medicaid Enterprise – December 2013

How are we doing? Currently, there are 52 clinics and 327 practitioners in Iowa that are NCQA recognized medical homes. The current list of recognized practitioners and clinics can be accessed here: http://recognition.ncqa.org/index.aspx.

❷ **The percentage of Iowans under age 65 with health insurance.**



Data Source: Urban Institute and Kaiser Commission on Medicaid and the Uninsured estimates based on the Census Bureau's March 2011 and 2012 Current Population Survey (CPS: Annual Social and Economic Supplements).

How are we doing? Currently, 13% of Iowans under age 65 do not have health insurance, compared to 18% nationally.

What can Iowans do to help?

1. Become more informed and knowledgeable about the Affordable Care Act initiatives that are advancing including the health benefit exchange, medical homes/health homes, and accountable care organizations.
2. Actively work toward developing partnerships within your community to prepare for changes that are coming with health care transformation.
3. Learn more about the work of Patient-Centered Health Advisory Council by visiting www.idph.state.ia.us/OHCT/Council. Annual Reports and Issue Briefs developed by the Councils on a variety of topics related to the spread of medical homes in Iowa are available on the "Resources" tab. The issue briefs include:
   - Community Utility Issue Brief
   - Disease Registry
   - Patient-Centered Care: What Does it Look Like?
   - Social Determinants of Health Issue Brief
   - Chronic Disease Management Issue Brief
   - Iowa Diabetes Issue Brief
   - Prevention Issue Brief

Expenditures

State funds: K07-0863; K09-0991/0993/0995/0997/0999.
Federal funds: 0153-0904. **Other funds (intrastate transfer)*:** K07-0869.

	State Fiscal Year 2012 Actual	State Fiscal Year 2013 Actual	State Fiscal Year 2014 Estimate
State funds	$0	$656,873	$952,408
Federal funds	$2,883,229	$3,241,545	$1,991,894
Other funds*	$100,893	$87,129	$0
Total funds	**$2,984,122**	**$3,985,548**	**$2,944,302**
FTEs	2.72	2.06	3.85

Note: Funding information is intended to provide an overview of funding related to the program area. It does not include all federal and state requirements and/or restrictions for the use of funds. Contact the program area for more detailed budget information.

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