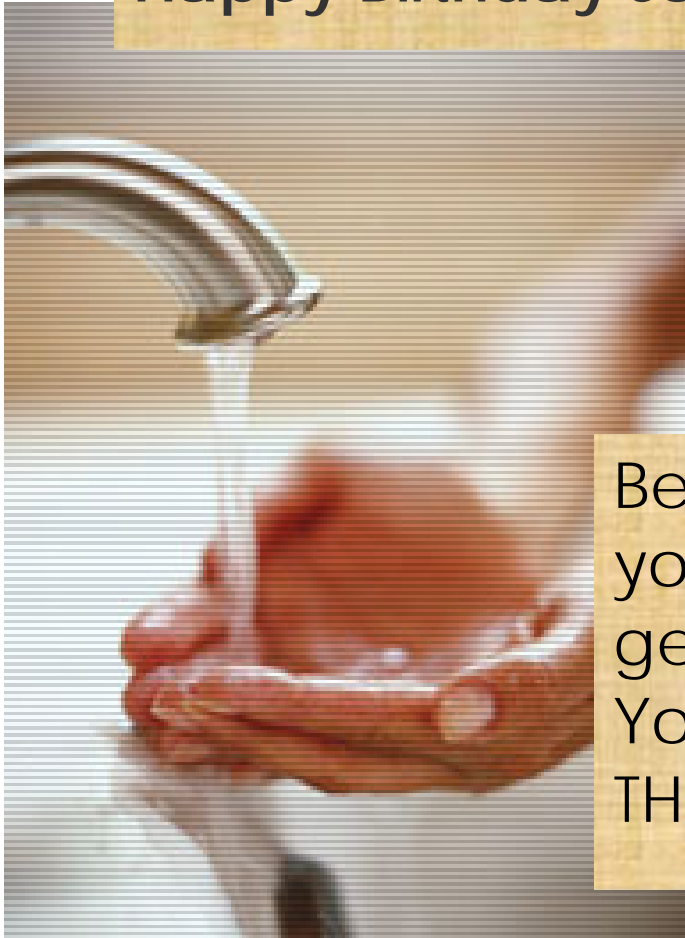


15 seconds. That's twice through the
Happy Birthday song.



Better to be caught singing to
yourself than be caught spreading
germs in the office.
Your co-workers AND patients will
THANK YOU.

The best defense against influenza germs and other germs as well is
frequent and correct hand washing.

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