

Smokeless Tobacco:
*These products may be unseen
 but their health effects are not!*

Immediate Effects:

- Bad Breathe
- Spitting
- Tooth stain
- Black junk in teeth

Health Problems:

- Oral Cancer
- Sores
- Gum recession
- Heart Disease
- Ulcers

Information sourced from the US Surgeon General's Report of 2012. For more information please see Executive Summary.



For more information on tobacco prevention education and options for quitting chewing or smokeless, contact Brandy @ 712-246-2332. Produced with funds provided by the IDPH Division of Tobacco Use Prevention and Control.

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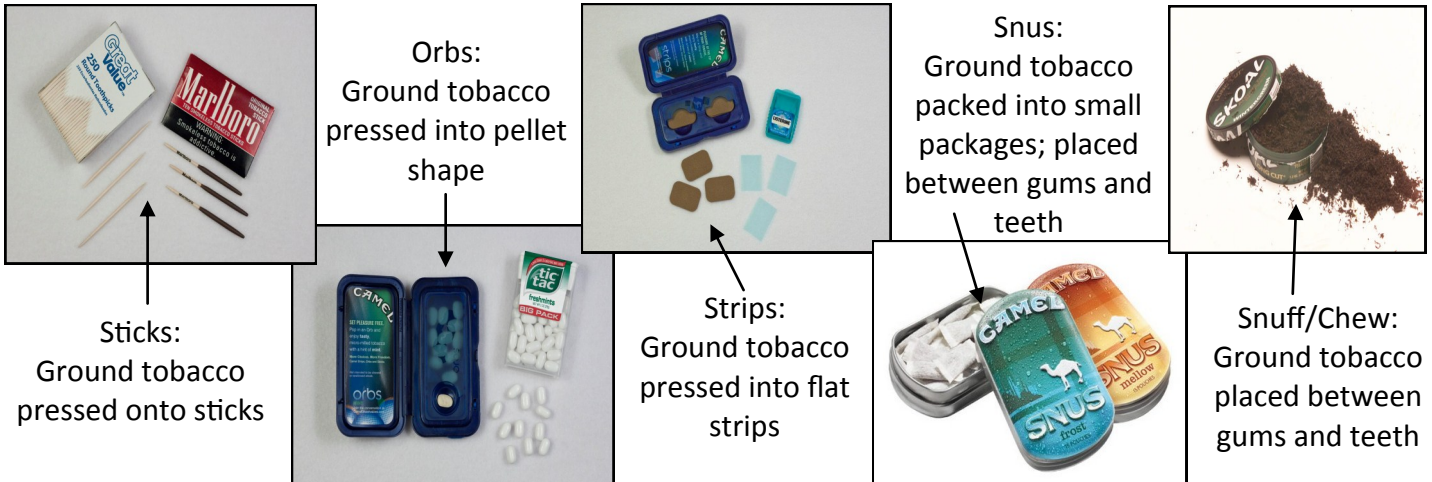
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