

Iowa WIC Program
1-800-532-1579



Your child has you. And you have WIC.

Bureau of Nutrition and Health Promotion

Friday Facts

Week ending Issue: October 29, 2011 – Issue #77

Policy

From the WIC Services Policy and Procedure Manual — 340.30 Evaluation and maintenance of Scales

All scales whether digital or mechanical need to be checked at least once a year against a standard by using test weights to make sure they are accurate. If a scale is found to be inaccurate, then it needs to be calibrated or replaced. Digital scales need to be calibrated by a trained scale technician.

Resources

Fruits and Vegetables

A new shipment of the children's book *Fruits and Vegetables (E/S)* has arrived at the clearinghouse this week. All 4,000 books have arrived and there are 96 books in a carton. Please go to the clearinghouse website to order what you need for nutrition education.

Food Products

Additional Brands of Tofu

Remember that as of November 1, 2010, additional brands of tofu have been added to the food package. Your coordinator has been sent a template to print stickers to place on the food flyer of those participants receiving tofu that contains a list of all approved brands.

Dates to Remember

2010

- November 11 - Limited Coverage
- November 17, 2010 – Final PO/PV and Expenditures Report due to Bruce
- November 17, 2010 – FFY2010 Year-End Progress Report due to Jill
- November 30, 2010 – FFY2010 Water-Testing Summary due to Jill
- December 1, 2010 – Year-End Expenditure Report due to Bruce

2011

- 5th Monday clinics

We do not anticipate any major changes to IWIN in 2011. Due to this, you can schedule clinics on the 5th Monday of the month if needed

NETC

- January 24 & 25
- April 18 & 19
- July 25 & 26
- October 24 & 25

Advisory Committee Meetings

- March 4
- July 15
- October 7

Core Workshops

- March 28 & 29 - Maternal Nutrition and Breastfeeding Workshop
- April 29 - Communication & Rapport Building Workshop
- June 23 & 24 - Infant and Child Nutrition Workshop:

Available Formula

<i>Product</i>	<i>Quantity</i>	<i>Expiration Date</i>	<i>Agency</i>	<i>Contact</i>
<i>Peptamen 1.5</i>	<i>96 cans</i>	<i>12/2010</i>	<i>MICA</i>	<i>Justine Hoover at 641-752-7162</i>
<i>Similac Human Milk Fortifier</i>	<i>6 boxes</i>	<i>2/2011</i>	<i>Operation Threshold</i>	<i>Nancy Anderson at 319-233-1851</i>
<i>Similac Human Milk Fortifier</i>	<i>1 box</i>	<i>2/2011</i>	<i>Webster County Health Dept.</i>	<i>Kathy Josten at 515-573-4107</i>
<i>Enfaport Lipil</i>	<i>23 – 8 oz cans (ready-to-feed)</i>	<i>9/1/2011</i>	<i>Johnson County WIC</i>	<i>Chuck Dufano @ 319-356-6042</i>