# Iowa WIC Program 1-800-532-1579



Your child has you. And you have WIC

Bureau of Nutrition and Health Promotion

# Friday Facts

Week ending Issue: February 10, 2012 - Issue #130

## **Policy**

## From the WIC Program Goals Manual — 110.10 Special Populations

Several vulnerable population groups reside in Iowa. Provision of WIC services to these populations is facilitated by:

- Coordinated efforts through integrated services, and
- Using interpreters.

The Native American population is a relatively small part of the general population of Iowa. WIC services are coordinated with other health services as follows:

- Mid-Iowa Community Action participates in a child health clinic at the Tama Indian Settlement. The Tama settlement is also part of the Northern Plains Healthy Start Project.
- Siouxland District Health Department cooperates with the American Indian Center in Woodbury County.

The migrant population in Iowa is small, but faces language barriers in accessing WIC and health services. WIC services are coordinated with Proteus, an agency that provides health services to the migrant population in Iowa. Proteus has staff available to assist with translation services and arrangements for special clinics during migrant season.

In the last decade, Iowa has experienced a significant increase in the number of Spanish-speaking immigrants. These individuals also face language barriers in accessing WIC and health services. WIC contractors are increasingly working with interpreters to provide clinic services. The state WIC office has also placed a priority on producing print and audiovisual materials in both English and Spanish. Training opportunities about culturally-competent service delivery are periodically offered through state conferences and in the ongoing series of nutrition workshops.

#### Dates to Remember

#### <u>2012</u>

- March 29-30, 2012 Maternal and Breastfeeding Nutrition Core Workshops
- August 21, 2012 WIC Contractor's Meeting
- August 29-30, 2012 Infant and Child Nutrition Core Workshops
- October 26, 2012 2012 Iowa WIC Training
- October 30, 2012 Communication and Rapport Building Core Workshop

# Information

# NWA is Collecting WIC Impact Stories from Every State/ITO

In the fall, **NWA** collected WIC impact stories, with which NWA created *Voices of WIC. Voices of WIC* is a publication that targeted members of Congress to appeal to their emotions. It was specifically distributed to members of the Appropriations Committees in the House and the Senate; and the Joint Select Committee on Deficit Reduction, to shed light on the importance of WIC to real people across the country. As we enter a new budget cycle, and when budget appropriations and deficit reductions continue to be a priority on Capitol Hill, it will be increasingly more important to share the value of WIC with members of Congress.

NWA is requesting additional submissions of personal stories from participants and employees about how WIC is important to them, what it means to them, and what losing WIC benefits might mean to them. We would like to make a *Voices of WIC* for each state and ITO. Please send stories to Martelle Esposito at <a href="mailto:mesposito@nwica.org">mesposito@nwica.org</a> or contact her at 202-232-5492. Additionally, if you know of any participants who might be willing to share their stories with the NWA office directly, please contact Martelle. Please submit stories by Monday, February 20th.

#### Available Formula

Product	Quantity	Expiration Date	Agency	Contact
Neocate Junior Chocolate flavor	6 cans (14 oz)	7/14/2012	MICA in Ames	Sarah Ruter @ 515-232-9020
Similac PM 60/40	3 cans	10/2012	Johnson County Public Health	Chuck Dufano @ 319-356-6042
EleCare Unflavored Formula	30 cans - 14.1 oz Powder 4 cans 1 can 4 cans 2 cans 5 cans 1 can 7 cans 6 cans	11/2012 12/2012 2/2013 6/2013 8/2013 9/2013 10/2013 11/2013	North Iowa Community Action Organization	Carla Miller @ 641-423-5044 ext.24