Iowa Community Transformation Grant

Decatur County's Success Story

The Decatur County CTG program found the perfect opportunity to collaborate with local physicians when a local medical clinic began to upgrade to electronic medical records. CTG staff proposed to the clinic's executives the idea of an exercise prescription for patients with high blood pressure, obesity, or depression. In response, the clinic created a "drop down" menu option for an exercise prescription in the new medical records system that physicians can select for their patients. When choosing this selection, instructions for the patient print off with their summary visit sheet, and metrics are formulated for the clinic and CTG staff to see the effectiveness of the exercise prescription.

