



A MATTER OF SUBSTANCE: At-a-Glance

SEPTEMBER 2011

A PUBLICATION OF IDPH

DIVISION QUICK FACTS

ASAM New Definition of Addiction: The American Society of Addiction Medicine (ASAM) has released a new definition of addiction *highlighting addiction as a chronic brain disorder rather than simply a behavioral problem involving too much alcohol, drugs, gambling or sex.* This the first time ASAM has taken an official position that addiction is not solely related to problematic substance use. “At its core, addiction isn’t just a social problem or a moral problem or a criminal problem. It’s a brain problem whose behaviors manifest in all these other areas,” said Dr. Michael Miller, past president of ASAM who oversaw the development of the new definition. “Many behaviors driven by addiction are real problems and sometimes criminal acts. But the disease is about brains, not drugs. It’s about underlying neurology, not outward actions.” To see the entire press release, visit the ASAM website at www.asam.org.

Access to Recovery Updates: The ATR program is *opening enrollment for new providers.* Through September 30th, qualified agencies can apply to provide Recovery Support and Treatment Services. In addition, *applications will be accepted for new Care Coordination providers in areas of the state with a documented need.* For more information, contact Kevin Gabbert at 515-281-7080 or visit the ATR website at www.idph.state.ia.us/atr.

ATR staff have been approved by SAMHSA and the Connecticut Communities for Addiction Recovery (CCAR) to become trainers of the CCAR Recovery Coaching Academy and Trainer of Trainers curriculum. Unlike previous trainings, once completed, *ATR staff will be able to train new recovery coaches and will also be able to train new trainers of coaches* — which will be extremely beneficial in sustaining that service. Iowa ATR staff are honored to receive this opportunity, which has been granted to only one other state.

A *Recovery Coaching Academy and Trainer of Trainers training* is going to be held in Sioux City, from October 31 - November 4. The training is a collaborative effort between Jackson Recovery Services and Siouxland Mental Health Center. For more information on the Recovery Coaching Academy, contact Sara Anderson-Deck at SAnderson-Deck@jacksonrecovery.com or Kim Fischer-Culver at kfischer-culver@siouxlandmentalhealth.com. For information on the Trainer of Trainers, contact Kevin Gabbert at Kevin.Gabbert@idph.iowa.gov or Michele Tilotta at Michele.Tilotta@idph.iowa.gov. Space is limited for both trainings.

Disaster Behavioral Health Response Training: In September, the Iowa Department of Human Services is hosting several disaster behavioral health trainings. Along with DBHRT Team training, trainings will be held on Group Crisis Stabilization, Solution Focused Techniques, and Stress Management. For more information, go to the DBHRT website at www.iowadbhrt.org.

UPCOMING EVENTS

Command Spanish September 12-14. Johnston. For more information, contact Training Resources at 515-309-3317.

Cultivating Partnerships for County Growth Through the Strategic Prevention Framework - Planning September 7 in Moravia; September 8 in Sioux City; September 27 in Dubuque; September 29 in Cedar Rapids. To register, go to www.trainingresources.org.

Iowa Annual Family Planning Conference September 13 -14. Des Moines. For more information, go to www.devsys.org.

Celebrate Recovery at Adventureland September 18. For more information, contact Training Resources at 515-309-3317.

Wellness and Recovery Action Planning (WRAP) for adults who identify themselves as clients/mental health consumers. September 29-30. Waterloo. For more information, contact Matt Chingren at 319-234-2893 or mchingren@bhgmhc.com.

Identification and Treatment of Sex Addiction October 7. Sioux City. For more information, contact Christy Stinger at Jackson Recovery at 712-234-2308.

2011 Mental Health Conference: October 11-12. Scheman Building in Ames. Watch for more information at www.trainingresources.org.

Protecting Families Fall Conference October 14. Sioux City. For more information, contact Mercy Medical Center’s Education Department at 712-279-2507.

For more information about the Division of Behavioral Health, visit www.idph.state.ia.us/bh

For questions related to “A Matter of Substance,” contact the editors:
Kevin Gabbert kevin.gabbert@idph.iowa.gov or Julie Hibben julie.hibben@idph.iowa.gov