

Child Health Specialty Clinics (CHSC)

Promoting & Protecting the Health of Iowans

Division of Health Promotion & Chronic Disease Prevention

Phone: (866) 219-9119

www.chsciowa.org



Assuring a System of Care for Children and Youth with Special Health Care Needs



Meet the Mannings*

The following article was written by Janice Manning, the mother of a son with special health care needs, who graciously agreed to share her family's story. Our family story includes two parents, two children, a helicopter, travel, and lots of adventure. Sounds like a Disney movie, right? Well, not exactly. The script for our family movie was forever changed 19 years ago when our son Mark was born. Within 24 hours we were taken by helicopter to Iowa City where we found out about Mark's multiple health problems and were told to take our son home and love him because it would be a miracle if he was able to ever walk or talk. Support came from the staff at **CHSC** who helped us coordinate the many services we were receiving and were there to answer our questions about Mark's communication, behavior, and development. They came to IEP meetings for school, taught us about the need for guardianship and social security, and helped us look toward Mark's transition to life after high school. Mark is now doing things that used to be unimaginable. Mark graduated from high school in the spring of 2013. He participates in the Special Olympics, plays challenger baseball and loves going to Camp Courageous. We are so proud of his progress and appreciate everyone who has helped us along the way. We have more transitions to navigate with work and home care after graduation, but thanks to **CHSC** we will be prepared to make these decisions with confidence. *Names have been changed

Did you know?

Child Health Specialty Clinics (CHSC) assures a system of care for Iowa Children and Youth with Special Health Care Needs (CYSHCN). In Iowa, over 106,000 Iowa children have Special Health Care Needs (National Survey on Children with Special Health Care Needs, 2009/10). In 2013, CHSC served over 6,147 children statewide directly through our clinical services, care coordination, and family-to-family support services, and thousands more through public health infrastructure and consultation efforts.

Why is Child Health Specialty Clinics important to promoting and protecting the health of Iowans?

- Over 20% of all Iowa children and youth 0 to 18 years of age have a special health care need.
- Children and youth with special health care needs require services that are more intensive and comprehensive than children and youth without special health care needs. In many parts of the state, these specialty services are difficult for families to access. Research shows that specialty services are an important addition to primary care services for children and youth who have chronic illnesses or developmental delays.
- Federal rules require that at least 30% of each state's Title V Maternal and Child Health Block Grant funds be used to focus on children and youth with special health care needs.

Which Iowa Public Health Goals are we working to achieve?

Strengthen the public health infrastructure
Promote healthy behaviors
Injury Prevention

What do we do?

Clinical Services: A statewide network of 13 community-based regional centers employ professional staff who provide medical care, and work with families to create individualized, comprehensive care plans. CHSC also facilitates telehealth services for behavioral health, nutrition, and audiological services.

Care Coordination: CHSC collaborates with local providers and agencies to coordinate efforts for children and families.

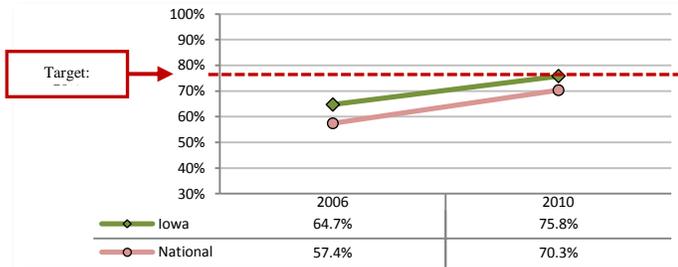
Family-to-Family Support: CHSC's statewide Family Navigator Network provides one-on-one problem solving and emotional support.

Systems Building: Expert resource for policy and planning for issues of importance to CYSHCN and their families: improve systems of care for children with Autism Spectrum Disorders; develop models of care for youth transitioning to adult health care; promote the spread of integrated medical/health home models; coordinate and support services for Early ACCESS, and Health & Disease Management; provide training for Mental Health First Aid, Bridges Out of Poverty, and Trauma Informed Care.

How do we measure our progress?

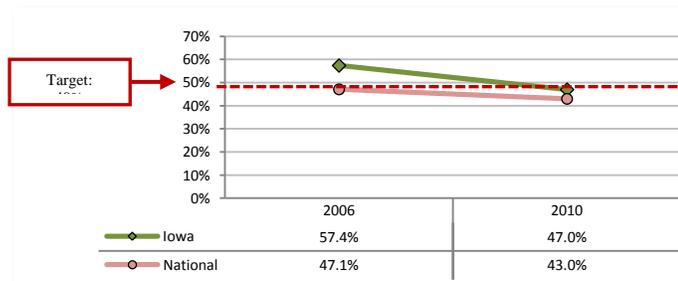
We employ a process of continuous quality improvement and report our metrics to the federal government every year using state and national performance measures.

- 1 Percent of children with special health needs (CYSHCN) ages 0-18 years whose families' partner in decision-making at all levels and are satisfied with the services they receive.



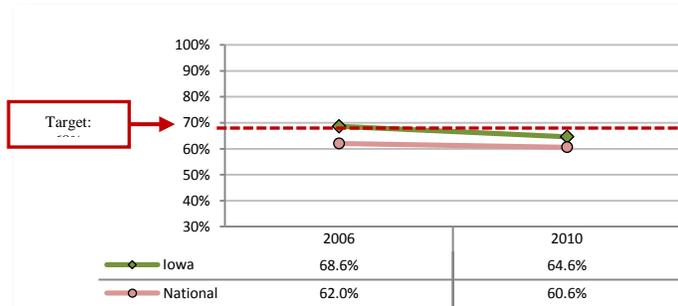
Data Source: NS-CSHCN Survey. Data are available approximately every 5 years.

- 2 Percent of CYSHCN ages 0-18 years who receive coordinated, ongoing, comprehensive care within a medical home.



Data Source: NS-CSHCN Survey. Data are available approximately every 5 years.

- 3 Percent of CYSHCN ages 0-18 years whose families have adequate private and/or public insurance to pay for the services they need.



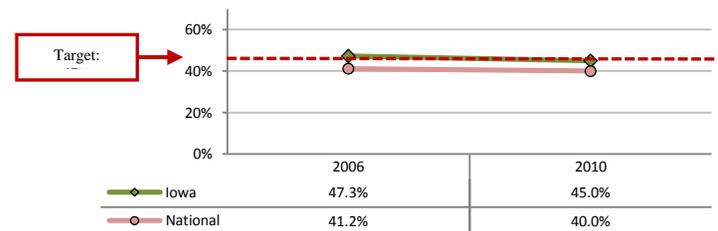
Data Source: NS-CSHCN Survey. New data are available approximately every 5 years.

- 4 Percent of CYSHCN ages 0-18 years whose families report the community-based service systems are organized so they can use them easily.



Data Source: NS-CSHCN Survey. Data are available approximately every 5 years.

- 5 Percent of youth with special health care needs who received the services necessary to make transitions to all aspects of adult life, including adult health care, work, and independence.



Data Source: NS-CSHCN Survey. Data are available approximately every 5 years.

What can Iowans do to help?

1. Iowans who have or know of children or youth with special needs can contact CHSC by visiting www.chsciowa.org.
2. All Iowans can be inclusive of children with special health care needs and their families.
3. All Iowans can recognize the essential public health role CHSC plays as Iowa's Title V program for children and youth with special health care needs.
4. All Iowans can discuss with policymakers the importance of a system of care for children and youth with special health care needs and their families.

Expenditures

General fund & federal grant: K07-0703; 0153-0706

	State Fiscal Year 2011 Actual	State Fiscal Year 2012 Actual	State Fiscal Year 2013 Estimate
State funds	\$788,303	\$791,441	\$1,185,114
Federal funds	\$1,906,555	\$2,051,147	\$2,193,946
Total funds	\$2,694,858	\$2,842,587	\$3,379,060
FTEs	0.00	0.00	0.00

Note: Funding information is intended to provide an overview of funding related to the program area. It does not include all federal and state requirements and/or restrictions for the use of funds. Contact the program area for more detailed budget information.