



A MATTER OF SUBSTANCE: AT-A-GLANCE

MAY 2013

A PUBLICATION OF IDPH
DIVISION OF BEHAVIORAL HEALTH

DIVISION QUICK FACTS

Prevention Workforce Survey: With guidance from a 20-member Workforce Development Task Force, the IDPH Division of Behavioral Health is preparing to launch a substance abuse prevention workforce survey. The project includes technical assistance in the form of survey development, administration, and analysis from a consultant from Washington state, funded by SAMHSA's Center for Substance Abuse Prevention (CSAP). The survey is based on core competencies from CSAP and the IC&RC credentialing organization. This year's survey is organized around Strategic Prevention Framework components. Cross-cutting competencies related to mental health and primary care are new additions since the last survey, conducted in 2004. The survey will be available online the last two week of May. The Workforce Development Task Force will study the survey results and make recommendations for a Workforce Development Plan. For more information or questions, contact Debbie Synhorst at deborah.synhorst@idph.iowa.gov.

Recovery Update Resource: Did you know that the Office of National Drug Control Policy publishes a quarterly Recovery Update with information of interest to professionals as well as individuals, families and communities? The most recent Recovery Update can be found by clicking [here](#). If you would like to be added to the distribution list or have suggestions for future Recovery Updates, email recovery@ondcp.eop.gov.

National Prevention Week: National Prevention Week is an annual health observance dedicated to increasing public awareness of, and action around, substance use and mental health issues. The observance is an opportunity to join with others in your community to promote prevention efforts, provide education on behavioral health issues, and create and strengthen community partnerships. National Prevention Week 2013 will take place May 12-18, 2013. This year's theme, "**Your voice. Your choice. Make a difference.**", emphasizes that prevention of substance abuse and promotion of mental health starts with the choices we each make in our own lives. Through our choices, we can set an example of health and well-being for others. With our voices—spoken or written—we can raise awareness of behavioral health issues and help create healthier and safer communities. For more information about this national observance and ideas for involvement, go to <http://www.samhsa.gov/preventionweek/>.

May is National Mental Health Awareness Month: By proclamation, President Obama has called upon citizens, government agencies, health care providers, and research institutions to raise mental health awareness and continue helping Americans live longer, healthier lives. For many of the tens of millions of Americans who are living with a mental health issues, getting help starts with a conversation: talking with someone they trust and consulting with a health care provider. Prejudice and discrimination often create a barrier to people seeking help. SAMHSA's toll-free Treatment Referral Line at 1-800-662-4357 (HELP) provides round-the-clock information confidentially on where to go for help on mental health and substance abuse issues. Assistance is available in both English and Spanish.

UPCOMING EVENTS

Ethics for Helping Professions May 8, Cedar Rapids. For more information and registration, contact Angela Gingerich at 309-945-3119 or agingrich@asac.us.

Motivational Interviewing Part 3 May 10, Sioux City. For more information and registration, call 712-234-2308.

Enforcing Underage Drinking Laws: Accountability and the Role of the Justice System Webinar May 14 from 1:00-2:00. To register, go to www.stopalcoholabuse.gov.

Data – Where to Get it, What it Shows and How to Use it to Support Law Enforcement Efforts Webinar May 16 from 2:00-3:15. To register, go to www.udetc.org/.

National Trends in Problem Gambling & Responsible Gaming Webinar May 22 from 12:30-2:30. To register, contact Training Resources at www.trainingresources.org.

I-SMART Full Clinical System Training May 23-24, Des Moines. To register, contact Training Resources at www.trainingresources.org.

Moms Off Meth Conference May 24, Ottumwa. For more information, contact Judy Murphy at 641-682-2800.

Training Without Travel
Check out the online training courses available at www.trainingresources.org.

For more information about the Division of Behavioral Health, visit www.idph.state.ia.us/bh

For questions related to "A Matter of Substance," contact the editors:
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