

Save the Date:
ZiaPartners (Minkoff and Cline)
Co-Occurring Disorders Change Agent Training and Consultation

April 22, 2009
Des Moines Botanical Center
909 Robert D. Ray Drive

To: All consumer and advocacy organizations, CPCs, and mental health and substance abuse services providers

Re: Next Co-occurring Disorders Change Agent Training and Consultation

For the past several years, the Iowa Department of Human Services (DHS) and the Iowa Department of Public Health (IDPH) have led state efforts related to understanding and developing services for Iowans with co-occurring mental health and substance abuse problems. These efforts have involved consumers, family members, providers, consultants, Departments' staff, and other stakeholders in forums, planning groups, and trainings. As a result, Iowa has a strong base of educated and committed individuals who are contributing in ways specific to their advocacy or agency mission to a statewide comprehensive system of care that supports people working toward personal recovery.

This effort is consistent with the DHS and IDPH Joint Recovery-Oriented System of Care Statement that says "Over time, all Iowa mental health and substance abuse treatment services and all State processes that support such services will become recovery-oriented and capable of meeting the complex needs of individuals and families."

As part of those ongoing efforts, the DHS Mental Health and Disabilities Services Division, in collaboration with the IDPH Division of Behavioral Health, has contracted with ZiaPartners (Ken Minkoff, MD and Christie A. Cline, MD, MBA) to provide technical assistance. They have visited the state regularly over the past few years and will be here next on April 22-23rd.

- For those of you who attended a change agent meeting on January 21 or 22, this is notification of the next meeting.
- For those of you who have not been involved but want to participate, this is to let you know that you can get involved right now, starting with the April visit. More information is provided in the attached flyer.

On April 22nd, there will be a full day (9:30-3:30) Change Agent meeting in Des Moines. Any current or potential co-occurring disorder change agents are welcome to attend. **Note: Unlike January, where there was a choice of two days and participants could come either day, in April there will be ONE day only and all change agents are welcome to come that day.**

The April 22 agenda will focus on change agents developing organizational quality improvement processes for welcoming, recovery-oriented, co-occurring capability and will include discussion of access, integrated screening, defining co-occurring disorders, and principles of integrated assessment. In addition, we will continue to work on change agents becoming a functional statewide learning community.

Registration information and how to obtain a Change Agent Manual:

If you are planning to attend on April 22, please contact **Brenda Hollingsworth** at: Brenda-Hollingsworth@uiowa.edu or **319-353-5436**. Brenda will provide information on how to register. **There is no charge for this event.**

If you are attending for the first time or have not obtained the **ZiaPartners Iowa Change Agent Manual**, please let Brenda know and she can e-mail you the materials. The manual is over 200 pages, along with accompanying slide sets. It is recommended that you print the manual out on three-holed paper and insert into a loose-leaf binder prior to attending the meeting.

On April 23rd, Drs. Minkoff and Cline will be available to do on-site technical assistance. Dr. Minkoff will visit one site in the am, and another in the pm, and Dr. Cline will do the same, thus accommodating up to 4 sites.

If you are interested in having Dr. Minkoff or Cline visit your area, please let us know ASAP by contacting **Brenda Hollingsworth** at: Brenda-Hollingsworth@uiowa.edu or **319-353-5436**.

We will do our best to accommodate requests, keeping in mind geographical and timing constraints. For those who can not be accommodated on this trip, we anticipate at least two more similar visits over the next 6-8 months.

COMPASS Tool Training: Finally, providers are encouraged to use the **COMPASS** to engage staff in a conversation to assess baseline co-occurring disorder capability. For those interested in a **COMPASS** training, Dr. Minkoff or Dr. Cline will provide training by teleconference on **March 30, at 11:00 AM and on April 1 at 4:00 PM.**

Conference call-in: 1.866.685.1580 and Participant code: 841.269.7451. Please note that you will hear music until the Leader has started the call.

Again, please contact Brenda if you are interested in either of these times. If you need an electronic copy of the **COMPASS**, Brenda can provide you with that as well.

INFORMATION SHEET

Developing welcoming, integrated, recovery-oriented, co-occurring capable services in Iowa

For the past several years, the Iowa Department of Human Services (DHS) and the Iowa Department of Public Health (IDPH) have led state efforts related to understanding and developing services for Iowans with co-occurring mental health and substance abuse problems. These efforts have involved consumers, family members, providers, consultants, Departments' staff, and other stakeholders in forums, planning groups, and trainings. As a result, Iowa has a strong base of educated and committed individuals who are contributing in ways specific to their advocacy or agency mission to a statewide comprehensive system of care that supports people working toward personal recovery.

This effort is consistent with the DHS and IDPH Joint Recovery-Oriented System of Care Statement that says "Over time, all Iowa mental health and substance abuse treatment services and all State processes that support such services will become recovery-oriented and capable of meeting the complex needs of individuals and families."

To further this vision, DHS's Mental Health and Disability Services Division and the IDPH Division of Behavioral Health have supported a number of ongoing learning opportunities, including Magellan's Iowa Plan Co-occurring Learning Collaborative, MHDS's Mental Health Consortium project with Community Mental Health Centers, IDPH's statewide NIATx initiative, and consultation and training by ZiaPartners, Drs. Ken Minkoff and Chris Cline.

This year (2009), MHDS has contracted with **ZiaPartners** to continue a process of consultation and technical assistance that is open to all Iowa providers. For those of you (120 participants from all over the state) who attended the first session for the year on January 21 and 22, we want to thank you for your interest and hope you want to continue. For those of you who have not attended, we want to make sure you know what is going on, so you can join in if you want to do so. This process is neither required, nor exclusive. You can participate in this process along with any other work you are already doing, or choose not to participate at all.

What will ZiaPartners provide?

ZiaPartners will come to Iowa two days each quarter. **The next visit is April 22-23.** During each visit, they will:

- Spend one day in **Des Moines meeting with change agents** representing all participating providers and consumer organizations **to build a statewide learning collaborative.**
- **On the other day**, they plan to **travel to different communities** to provide **on-site technical assistance and consultation** to individual providers and local collaboration networks.
- **In between**, they will be **available by teleconference and e-mail.**

This whole process will be coordinated by the Iowa Consortium for Mental Health, University of Iowa, under contract with MHDS. In addition, information about this and other related

activities will be posted on the IDPH website at www.idph.state.ia.us/bh/sa_recovery.asp and on the MHDS website, when it is up and running.

What do I do if I want to participate?

Here are the basic steps to join this process

- **Communicate to us that you are setting a goal for your program to become a co-occurring disorder capable program and for your staff to become co-occurring competent clinicians and that you want to learn how to organize or continue a process to help you get there.**
- **Identify one or more change agents from your organization who will join this process, and whose job is to work with program leadership to help build this change into front line care. Change agents ideally represent all different components of your organization, including consumers, front line clinicians who are excited about this, and supervisors. It is important, that all change agents know they are representing their organization in the process.**
- **Support your change agent(s) to participate in the process outlined above.**

Each change agent will be provided with a manual and a set of tools to help organizations make progress. **One of the tools is a program self-assessment called the COMPASS.** Many of you have already used the **COMPASS** and are developing action plans for your organization.

For those of you who need to learn how to use the **COMPASS**, teleconference trainings have been scheduled for **March 30 at 11 AM and April 1 at 4:00 PM.** Conference call-in: 1.866.685.1580 and Participant code: 841.269.7451. Please note that you will hear music until the Leader has started the call.

If you are interested, please contact Brenda Hollingsworth, so you can get on the contact and distribution list. Please identify a contact person and change agent(s), so we can get you the manual, copies of tools, and any other material.

Brenda Hollingsworth's contact information is: Brenda-Hollingsworth@uiowa.edu or 319-353-5436.

Thank you so much for your interest in this process, and for partnering with us to improve services to Iowans through a comprehensive and caring recovery-oriented system of care!