

Save the Date:
ZiaPartners (Minkoff and Cline)
Co-Occurring Disorders Change Agent Training
and Consultation

July 14, 2009
Des Moines Botanical Center

To: All CPC's, CEOs and/or Clinical Directors of all MH and Addiction Providers (adult and child, community based, residential, and hospital based), consumer provider and advocacy organizations, and participating IDPH and MHDS staff.

Re: Next ZiaPartners Co-occurring Disorders Systemwide Change Agent Meeting

As many of you are aware, the Mental Health and Disabilities Services Division of the Department of Human Services, in collaboration with the Iowa Department of Public Health, has contracted with ZiaPartners (Ken Minkoff, MD and Christie A. Cline, MD, MBA) to provide ongoing technical assistance to the state of Iowa in its efforts to enhance capacity to provide services to individuals with co-occurring mental health and substance abuse disorders. They have been visiting the state regularly over the past few years and will be here next on July 14-15.

For those of you that attended one of the last change agent meetings in January and/or April, this is notification of the next meeting and activities in this process.

For those of you whose organizations have not been involved, and want to begin to participate, this is to let you know that you can get involved right now, starting with the July visit. More information on this process is provided in the attached flyer.

On July 14, there will be a full day **(9:30-3:30)** Change Agent meeting in Des Moines. Any current or potential co-occurring disorder state or local change agents are welcome to attend.

The agenda for July 14th will be on developing next steps for change agents from each agency or program regarding the quality improvement process for welcoming, recovery oriented co-occurring capability development. There will be a focus on understanding the principles of Integrated Longitudinal Strength Based Assessment and the ability to identify one or more strategies for introducing ILSA principles into one's own work and/or one's own program. In addition, discussion will include becoming familiar with how to document an ILSA process, and to develop a formulation and treatment plan based on the ILSA process. We will continue to work on change agents becoming a functional group and learning community state wide.

NOTE: We will be demonstrating the ILSA assessment with an actual client during this session. We already have one client who has volunteered, and we need another volunteer. Only one will be interviewed, but both will be paid a small stipend. The only requirements are that the client is over 18, has a co-occurring disorder, and is still actively working on his or her issues (is not in stable long term recovery). If you think you may know a client who will be willing to participate in this process, which is very rewarding not only for the change agents, but for the clients involved, please contact us.

Registration information and how to obtain a Change Agent Manual:

If you are planning to attend on July 14th, please contact: **Brenda Hollingsworth at: brenda-Hollingsworth@uiowa.edu or 319-353-5436.**

There is no charge for this event.

In addition, if you are attending for the first time and/or have not obtained the **ZiaPartners Change Agent Manual**, please let Brenda know and she can e-mail you the materials. The manual is over 200 pages, along with accompanying slide sets. It is recommended (but not required) that you print the manual out on three holed paper and insert into a loose-leaf binder prior to attending the meeting.

On July 15, Drs. Minkoff and Cline will be available to do on-site technical assistance. Ideally, Dr. Minkoff will visit one site in the am, and another in the pm, and Dr. Cline will do the same, thus accommodating up to 4 sites. As such, we are looking for volunteers of agencies who would like on-site technical assistance in forwarding their efforts in this area. We will do our best to accommodate requests, keeping in mind geographical and timing constraints – and for those who can not be accommodated on this trip, we anticipate at least two more similar visits over the next 6 – 8 months.

If you are interested in the possibility of having Dr. Minkoff or Cline visit your agency, please let us know ASAP; to do so, contact: **Brenda Hollingsworth at: brenda-Hollingsworth@uiowa.edu or 319-353-5436.**

COMPASS Tool Training: Finally, as part of this process, participating agencies and programs are encouraged to use the **COMPASS** in their program to engage staff in a conversation to assess baseline co-occurring disorder capability. For those of you who are interested in a **COMPASS** training please contact Brenda Hollingsworth at: brenda-hollingsworth@uiowa.edu or 319-353-5436.

Also, if you need an electronic copy of the **COMPASS**, Brenda can provide you with that as well.

INFORMATION SHEET

ZIAPARTNERS CONSULTATION

Developing welcoming, integrated, recovery oriented, co-occurring capable services in Iowa

As most of you are aware, IDPH and DHS/MHDS have adopted a joint vision for the Iowa public behavioral health system, in order to provide better services for the individual and families in our system who commonly have both mental health and substance use issues, as well as many other complex needs.

This vision and information about ongoing activities are posted on the IDPH website.

In order to support this vision, DPH and MHDS have been (and will continue) organizing and offering, in collaboration with Magellan, a number of consultation, training, and technical assistance processes. These have included: the Co-occurring Learning Collaborative organized by Magellan, the University of Iowa project working with mental health centers, the statewide initiative on NIATX, as well as a series of consultation and training activities provided by ZiaPartners (Drs. Ken Minkoff and Chris Cline).

This year (2009) we have contracted with **ZiaPartners** to provide a continuing process of consultation and technical assistance that is open to all providers in the state who are interested in making a commitment to participate. This process may continue in subsequent years as well. For those of you that attended the first and/or second sessions in January and April, we want to thank you for your interest and hope you want to continue. For those of you that have not attended, we want to make sure you know what is going on, so you can join in if you want to do so. This process is neither required, nor exclusive. That is, you can participate in this process along with any other work you are already doing, or choose not to participate at all.

What is ZiaPartners going to provide?

ZiaPartners will be coming quarterly to Iowa for two day visits. **The next visit is scheduled for July 14-15.**

During each visit, they will spend **one day in Des Moines meeting with** a team of individuals representing all participating providers and consumer organizations who will become **a team of change agents to build a statewide learning collaborative** that will be organized to not only help each other but to contribute to state policy and practice that will support integrated service delivery.

On the other day, they plan to travel to different communities and programs around the state to provide **on site technical assistance and consultation** to both individual agencies, and to local county or community collaboration networks, to support the delivery of welcoming, integrated services in each program.

In between, they will be **available by teleconference and e-mail** to support providers to make progress, as well as to work with IDPH, MHDS, and Magellan to help us to help you in terms of accreditation policies and other state policies and procedures.

This whole process will be coordinated in state by the Iowa Consortium for Mental Health, University of Iowa, who will be the on the ground project managers to organize scheduling, communication, teleconferences, and meetings. They will be distributing the **ZiaPartners Iowa Change Agent Manual** to all participating change agents. In addition, information about this and all other cod activities will be posted on the IDPH website, and Michele Tilotta will be in charge of organizing all this information. This information will eventually be posted on the MHDS website as well, when that is up and running.

What do I do if I want my organization to participate?

Here are the basic steps for any organization and program that wants to join this process

- **Communicate to us that you are setting a goal for your program to become a welcoming, recovery oriented co-occurring disorder capable program, and for your staff to become welcoming, recovery oriented, co-occurring competent clinicians, and that you want to learn how to organize a process (or to continue your existing process) to help you get there.**
- **Identify one or more change agents from your program (or if you are a large agency, from each of your programs) who will be joining this process, and whose job is to work with program leadership to help build this change into front line care. Let us know who they are. Change agents may ideally represent all different levels of your program, including consumers, front line clinicians who are excited about this, and supervisors. It is important, however, that all change agents know they are representing their organization in the process.**
- **Support your change agent(s) to participate in the process outlined above, so that your organization can be at the table, and your change agents can become part of the statewide change agent team that will be working on this process.**

As noted above, **ZiaPartners** has a change agent manual that each change agent will be provided, and also has a set of tools for programs to use to help themselves make progress. **One of the tools is a program self-assessment tool for co-occurring disorder capability called the COMPASS.** Many of you have already used the **COMPASS** for a

self assessment and are beginning to put together action plans for your program. For those of you that need to learn how to use the tool, **ZiaPartners** will be working with University of Iowa to schedule teleconference **COMPASS** trainings over the next few months, so that everyone can be in a good position to get started and make progress. Please contact **Brenda Hollingsworth at brenda-hollingsworth@uiowa.edu or 319-353-5436** if interested in participating in a teleconference.

The group of change agents that came together in January and April has let us know that this process looks like it will be exciting and fun, and they are looking forward to the next visit. We hope to encourage and welcome as many of you as might be interested to join in the process. Representatives of Magellan, IHA, DPH and MHDS managers and accrediting staff and so on have also joined the process and will be part of the statewide change agent team.

If you are interested, please contact Brenda Hollingsworth, so you can get on the contact and distribution list. Please identify a contact person and a team of change agents, so we can get you the Change Agent manual, copies of tools, and any other material.

Brenda Hollingsworth's contact information is: brenda-Hollingsworth@uiowa.edu or 319-353-5436.

Thank you so much for your interest in this process, and for supporting our efforts and partnering with us to develop a welcoming, integrated system of care.