

## **IDPH Mentoring Definitions**

Please note that these definitions cover Prevention Through Mentoring, Youth Mentoring and The Mentoring Collaborative Contracts. There are a variety of mentoring definitions that exist but for these funding sources, the following apply:

### **Community-Based Youth Mentoring:**

These programs provide consistent contact between one mentor and one mentee for a minimum of nine months. Meetings need to occur several times each month, meeting a minimum of four hours per month.

### **School-Based Youth Mentoring:**

These programs provide weekly contact between one mentor and one mentee for a minimum of one academic year/nine months. Contact between mentee and mentor needs to be a minimum of four hours per month. School-based mentoring should not be solely academic (i.e.: tutoring, focusing on academic needs).

### **Group Mentoring for Youth:**

These programs operate on a ratio of no more than four mentees to one adult mentor. Group mentoring includes a consistent relationship between the one mentor and the same four (or less) mentees. Contact between mentees and mentor needs to be a minimum of four hours per month. Group mentoring should only be used with middle and high school youth.

### **E-Mentoring for Youth:**

These programs provide consistent contact between one mentor and one mentee for a minimum of nine months. This type of mentoring needs to be an additional component to an existing, face-to-face mentoring program. Email contact needs to occur several times each month, meeting a minimum of four contacts per month. E-mentoring should only be used with middle and high school youth.

### **Peer Mentoring:**

If youth are utilized as peer mentors, there needs to be a minimum of a three-year age difference between the mentor and mentee.

### **Eligibility Screening for Adult Mentors:**

- Agency application process
- Child abuse registry check
- Criminal record check
- Driving record check
- Four character references

### **Eligibility Screening for Youth Mentors:**

- Agency application process that includes parental consent
- Face-to-face interview

- Reference checks of at least two personal non-related adults (one school staff and one person external to school)

**Eligibility Screening for International Student Mentors:**

- Agency application process
- Face-to-face interview
- Background checks can implemented depending how long the person has been living in Iowa
- Reference checks of at least four personal non-related adults (two college staff and two people external to college)

**Quarterly Report Definitions:**

**New Match** occurs when a mentee that is new to the mentoring program is matched with a mentor

**Rematched Match** occurs when a mentee is rematched with a new mentor

**Returning Match** occurs when the same mentee and mentor resume meeting after a break (after summer, after a sports season, etc.)