Services for Seniors at Home

Jane Erickson, MPA
Iowa Department on Aging
Older Americans Act (OAA)

• Enacted in 1965
• Purpose:
  – To address community service needs for older adults.
  – Current emphasis on helping older adults maintain independence in homes & avoid institutionalization.
• Needs reauthorization.
Older American’s Act (OAA)

- Most programs for ages 60+
- Target populations
  - Rural, economic need, social need, limited English proficiency, severe disabilities, Alzheimer’s & related neurological and A-3 brain dysfunction, at-risk for institutional placement
- No means testing for services
Older American’s Act (OAA)

- [http://aoa.gov/AoARoot/AoA_Programs/OAA/index.aspx](http://aoa.gov/AoARoot/AoA_Programs/OAA/index.aspx)
- Title I – Declaration of Objectives; Definitions
- Title II – Designates Administration on Aging
Older American’s Act (OAA)

• Title III – Grants for State and Community Programs on Aging
  – IIIA: State Administration on Aging
  – IIIB: Social Services and Discretionary Programs
  – IIIC1: Congregate Nutrition Services
  – IIIC2: Home-Delivered Nutrition Services
  – IIID: Disease Prevention and Health Promotion
  – IIIE: Caregiver Support
Older American’s Act (OAA)

• Title IV – Activities for Health, Independence and Longevity

• Title V – Community Services – Employment for Older Americans *(administered by DOL)*
  – Training program for ages 55+; 125% of FPL

• Title VI – Grants for Native Americans

• Title VII – Vulnerable Elder Rights Protection Activities
  – Long Term Care Ombudsman
  – Prevention of Elder Abuse, Neglect and Exploitation
  – Elder Rights and Legal Assistance
Evolution of the OAA

1965
OAA Legislation
(Also Medicare/ Medicaid)

1972
Congregate Nutrition Program

1973
AAA’s

1978
LTCO Required Home-delivered meals program

1987
Disease Prevention & Health Promotion Elder Abuse Prevention

1992
Separate Title for Elder Rights Protection

2000
Family Caregiver
Aging Services Network

US Department of Health & Human Services (HHS)

Administration for Community Living (ACL)

Administration on Aging (AOA)

State Units on Aging (SUA)

Area Agencies on Aging (AAA)

Service Providers
The mission of the Iowa Department on Aging is to develop a comprehensive, coordinated and cost-effective system of long term living and community support services that help individuals maintain health and independence in their homes and communities.
13 Area Agencies on Aging
(until June 30, 2013)
Area Agencies on Aging (AAA’s) (As of July 1, 2013)
## AAA Contact Information

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<tr>
<th>PSA</th>
<th>AAA</th>
<th>Contact Information</th>
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<tr>
<td>1</td>
<td>Elderbridge AAA</td>
<td>641-424-0678</td>
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<td><a href="http://www.elderbridge.org">www.elderbridge.org</a></td>
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<td>2</td>
<td>Northeast Iowa AAA (NEI3A)</td>
<td>319-272-2244</td>
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<td><a href="http://www.nei3a.org">www.nei3a.org</a></td>
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<td>3</td>
<td>Aging Resources of Central Iowa (ARCI)</td>
<td>515-255-1310</td>
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<td><a href="http://www.agingresources.com">www.agingresources.com</a></td>
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<td>4</td>
<td>Heritage AAA</td>
<td>319-398-5559</td>
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<td><a href="http://www.heritageaaa.org">www.heritageaaa.org</a></td>
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<td>Milestones AAA</td>
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<td><a href="http://www.milestonesaaa.org">www.milestonesaaa.org</a></td>
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<td>Connections AAA</td>
<td>712-328-2540</td>
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<td><a href="http://www.connectionsaaa.org">www.connectionsaaa.org</a></td>
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AAA Contact Information

• Iowa Department on Aging:
  – 515-725-3333
  – https://www.iowaaging.gov/area-agencies-aging
Programs Delivered by AAA’s

- Outreach
- Information and Assistance
- Nutrition (Congregate & HD meals)
- Case Management Program for Frail Elders (CMPFE)
- Iowa Family Caregiver Program
  - Respite
  - Grandparent support
- Legal services
- Advocacy efforts in mental health, transportation, housing
Programs delivered via AAA’s

• Iowa’s Aging and Disability Resource Center
  – Virtual ADRC www.LifeLongLinks.org is available worldwide
  – Local ADRC’s and Options Counseling currently available in 17 of 99 counties
State LTC Ombudsman

• Resolves complaints made by or on behalf of residents of long-term care facilities
• Educates consumers and long-term care providers about residents’ rights and good care practices
• Provides information to the public on nursing home and other long-term care facilities and services, residents’ rights and legislative & policy issues
• Advocates for residents’ rights and quality care in nursing homes, residential care facilities and assisted living programs.
Resources

• U.S. Administration for Community Living
  www.acl.gov

• U.S. Administration on Aging
  www.aoa.gov

• Eldercare Locator
  www.eldercare.gov

• National Association of States United for Aging and Disabilities
  www.nasuad.org
Resources

• National Association of Area Agencies on Aging
  www.n4a.org or www.iowafamilycaregiver.org

• Iowa Association of Area Agencies on Aging
  www.i4a.org

• Iowa Department on Aging
  www.iowaaging.gov
Questions?

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