



IOWA CHILD CARE PROVIDER -- PHYSICAL EXAM REPORT ¹

Child Care Center Personnel • Child Development Home Providers

Name: _____ Date: _____
 Name of Child Care Business: _____

What child care activities do you do? Check all that apply. lift or carry children infants/toddler care preschool child care
 school-age child care first aid duties driving playground duty cleaning food preparation facility & ground maintenance office work I do child care in my home

CHILD CARE PROVIDER CONCERNS & NOTES: *I am concerned about the following health problems.*

- | | |
|---|--|
| <p>Health Concern</p> <input type="checkbox"/> Allergies List:
<input type="checkbox"/> Breathing problems (asthma, emphysema)
<input type="checkbox"/> Dental problems or tooth related pain
<input type="checkbox"/> Diabetes
<input type="checkbox"/> Difficulty hearing
<input type="checkbox"/> Difficulty with vision
<input type="checkbox"/> Emotional or stress
<input type="checkbox"/> Heart or blood pressure problems
<input type="checkbox"/> Muscle, joint, or mobility problems Lifting restrictions | <p>Health Concern</p> <input type="checkbox"/> Neurology problems (headaches, seizures, other)
<input type="checkbox"/> Skin problems (concerns about frequent handwashing)
<input type="checkbox"/> Smoking or alcohol use <input type="checkbox"/> I want to stop smoking
<input type="checkbox"/> Stomach or bowel problems
<input type="checkbox"/> Susceptibility to infection or illness
<input type="checkbox"/> Tuberculosis or history of positive test
<input type="checkbox"/> I have a health problem that requires work modifications: Describe: _____ |
|---|--|

HEALTH CARE PROVIDER The physical exam should include functional assessment of vision and hearing, with a review / exam of systems. The exam should determine health conditions that pose a threat to the health, safety, or well-being of children in child care, and/or predispose the worker to occupational injury relating to the care of children in a child care setting.

Immune Status: The following list contains adolescent and adult immunizations.

Check if reviewed	Immunization*	Comments: indicate if person is immune or if vaccine was given. An adult immunization card may be used in lieu of this table.
<input type="checkbox"/>	Hepatitis A* <input type="checkbox"/> Hepatitis B	
<input type="checkbox"/>	HPV* Human Papillomavirus	
<input type="checkbox"/>	Influenza (annual influenza season)	
<input type="checkbox"/>	Meningococcal*	
<input type="checkbox"/>	MMR Measles, Mumps, Rubella	
<input type="checkbox"/>	Pneumococcal*	
<input type="checkbox"/>	Polio (OPV or IPV)	
<input type="checkbox"/>	Shingles* (Herpes Zoster)	
<input type="checkbox"/>	Td/Tdap	
<input type="checkbox"/>	Varicella (chicken pox)	

* Clinicians should use the Advisory Committee on Immunization Practices (ACIP) recommendations. www.cdc.gov

Communicable Disease Statement

Does the person have a known communicable disease that requires modification of job duties? NO YES If yes, list the job duty restrictions. _____

Does the person test positive or have a history of tuberculosis (TB)? NO YES Date of positive test _____
 Has the person completed TB medical diagnosis and treatment? YES NO If the person needs medical treatment for TB, please contact the Iowa Department of Public Health, Tuberculosis Program 515-281-8636.

Health Status

Does the person have known health condition(s) that requires modification of job duties? NO YES List the job duty restrictions. _____

Health Care Provider Signature _____

Mailing Address _____ Telephone _____

Provider Type: MD DO PA ARNP

¹ This form meets the Iowa Administrative Code 441-109 Child Care Centers and IAC 441-110 Child Development Homes.

Child care center employees are required to have a physician-signed statement concerning health status. Child care center volunteers and substitutes are required to sign a statement of health status.

Child Development Home providers, substitute providers, and all provider household members that may be present when children are in the home are required to have a physician-signed statement of health status.

Name: _____

LICENSED CHILD CARE CENTER STATEMENT OF HEALTH

Substitutes and Volunteers

Name:

Date:

Name of Child Care Business:

STATEMENT OF HEALTH

Have you had a physical exam within the last year? YES NO

Would you like assistance finding a health care provider or payment for a physical exam?² YES NO

IMMUNIZATION *

I DO NOT KNOW MY IMMUNIZATION HISTORY

* An adult immunization card may be used in lieu of documenting in this table. For information about the adult immunizations call the Iowa Department of Public Health, Immunization Office Telephone: 800-831-6293

Please check if you have received the following immunizations

- | | | |
|---|--------------------------------------|--|
| <input type="checkbox"/> Hepatitis A | <input type="checkbox"/> Hepatitis B | <input type="checkbox"/> Pneumococcal |
| <input type="checkbox"/> HPV: Human Papillomavirus (adolescent & young adult females) | | <input type="checkbox"/> Polio: (OPV or IPV) |
| <input type="checkbox"/> Influenza (annual influenza season) | | <input type="checkbox"/> Shingles (Herpes Zoster) |
| <input type="checkbox"/> Meningococcal | | <input type="checkbox"/> Td/Tdap tetanus, diphtheria, whooping cough |
| <input type="checkbox"/> MMR: Measles, Mumps, Rubella | | <input type="checkbox"/> Varicella (chicken pox) |

Communicable Disease

To the best of your knowledge, do you have a communicable disease that requires modification of your job duties?

NO YES (If yes, list your recommended job duty restrictions.)

Do you have a positive TB test or have a history of tuberculosis? NO YES Date of positive test _____

Have you completed medical diagnosis and treatment for TB? YES NO If you have questions or need medical treatment for TB, please contact the Iowa Department of Public Health, Tuberculosis Program 515-281-8636

Health Status

To the best of your knowledge, do you have health condition(s) that requires modification of your job duties?

NO YES (Please list the job duty restrictions.)

Signature of Substitute / Volunteer _____ Date _____

Health Care Provider Signature _____

Mailing Address _____ Telephone _____

Provider Type: MD DO PA ARNP

Name: _____

² The Iowa Department of Public Health has women and men health programs, please call Healthy Families Line at 1-800-369-2229.