

# Governor's Council on Physical Fitness and Nutrition

Thursday, April 9th, 8AM – 2:00PM

**Des Moines** – Room 300 Ola Babcock Miller Building (Old Historical Building)

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## DRAFT AGENDA

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### *Results for the Meeting:*

- Determine criteria for individual nutrition and physical activity challenge; organizational and community recognition
- Approve Budget
- Discuss Challenge communications plan
- Discuss Web page ideas
- Review Iowa Department of Public Health-Iowans Fit for Life Statewide Comprehensive Plan for Nutrition and Physical Activity timeline for final comments
- Approve final Council logo

8:00 – 8:15	<ul style="list-style-type: none"><li>• Welcome / Introductions</li><li>• Approve Minutes</li></ul>	Dr. Peterson	Action
8:15 - 8:35	Final Review/Agreement on Logo	Group	Action
8:35 – 9:00	<ul style="list-style-type: none"><li>• Wellness Subcommittee Report</li></ul>	Amy Lichti	Action
9:00 – 9:30	<ul style="list-style-type: none"><li>• Nutrition Subcommittee Report</li></ul>	Carol Voss	Action
9:30 – 9:45	<ul style="list-style-type: none"><li>• Break</li></ul>		
9:45 – 10:30	<ul style="list-style-type: none"><li>• Physical Activity Subcommittee Report</li></ul>	Tim Lane	Action
10:30 -12:00	<ul style="list-style-type: none"><li>• Discussion, Finalize Challenge Elements and Budget</li></ul>	Group	Action
12:00 – 12:15	Break for Lunch	Group	
12:15 – 12:45	<ul style="list-style-type: none"><li>• Communication Plan</li></ul>	Polly Carver-Kimm	Information/Action
12:45 – 1:00	<ul style="list-style-type: none"><li>• Statewide Comprehensive Plan Final Comment Timeline</li></ul>	Carol Voss	Information
1:00 – 1:20	<ul style="list-style-type: none"><li>• Web Page Review</li></ul>	Group	Information
1:20 – 1:40	<ul style="list-style-type: none"><li>• Wellmark Grant</li></ul>	Dr. Peterson/Carol Voss	Information
1:40 – 2:00	<ul style="list-style-type: none"><li>• Next Steps/Adjourn</li></ul>	Dr. Peterson	Information/Action

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