

INTRODUCTION

The first Iowa Diabetes Resource Directory was developed in 1998 as a tool to enhance care and coordination of services for people with diabetes. This updated directory is presented to you by the Iowa Diabetes Control Program of the Iowa Department of Public Health in partnership with the Iowa Diabetes Network, a statewide committee comprised of professionals, coordinators of certified programs, and allied agencies. Funding for the printing and mailing of the document is provided through a cooperative agreement with the Centers for Disease Control and Prevention Division of Diabetes Translation.

The directory consists of three major sections: **Section 1** contains state and national information. **Section 2** contains county specific information. Each county has a separate page. Information for each county was developed from survey responses prepared by local public health nursing agencies in collaboration with the local diabetes resource professionals. Information on statewide agencies, e.g. Iowa Department of Human Services and Area Agencies on Aging was compiled from information provided by those agencies. **Section 3** contains resource information for health professionals and for people with diabetes.

The directory was developed for physicians, health professionals and others who wish to refer people with diabetes to services or to assist them in navigating the health care system. An annual update of this directory is planned.

This directory is also available on the Iowa Department of Public Health website at www.idph.state.ia.us. Changes will be posted on the website.

IOWA DEPARTMENT OF PUBLIC HEALTH CERTIFIED OUTPATIENT DIABETES EDUCATION PROGRAMS

The Iowa Department of Public Health has been responsible for the certification of outpatient diabetes education programs since 1986. The Iowa Administrative Code Section 135, Chapter 9, 641, describes the standards for outpatient diabetes self-management education programs and the procedures programs must follow for certification by the Iowa Department of Public Health. This certification will allow for reimbursement by third-party payers.

Iowa law requires that a provision be made available to holders of group policies covering hospital, medical, or surgical expenses, for payment for diabetic outpatient self-management education programs. Education programs must meet standards developed by the Iowa Department of Public Health in consultation with the American Diabetes Association, Iowa Affiliate, for certification of outpatient diabetes education programs.

Included in this section is the new law effective July 1, 1999, requiring third party payers to "provide coverage benefits for the cost associated with equipment, supplies, and self-management training and education for the treatment of all types of diabetes mellitus when prescribed by a physician licensed under chapter 148, 150, or 150A." The legislation is published in the 1999 Acts, Chapter 75 of Iowa Acts, Senate File 8. The website for the Iowa Code is www.legis.state.ia.us.

Also included in this section are the Iowa Administrative Code section that provides requirements for the certified outpatient education program and a guidance document to help in preparation of the application by individual programs and samples of documents to be used.

For further information regarding the certification process or the Diabetes Control Program, contact Sandy Crandell at (515) 242-6204 or Carol Voss at (515) 242-6516.