



**BFH Fall Seminar, October 5-6, 2011**  
**Gateway Hotel and Conference Center, Ames, IA**

<b>AGENDA</b>	
<b>Wednesday, October 5, 2011</b>	
8:30 am – 12:30 pm	1. <i>hawk-i</i> Outreach Coordinators’ meeting [Harvest room] 2. Family Planning Directors’ meeting [Conference Room 2]
12:00 pm – 12:45 pm	Registration [check in at Conference Center Lobby]
12:45 pm – 1:00 pm	Welcome – <i>Bob Russell</i> [North Prairie]
1:00 pm – 2:15 pm	Keynote Session – Adverse Childhood Experiences (ACE)study – <i>Dr. Robert Anda</i>
2:30 pm – 3:30 pm	Life Course Perspective (LCP) simulation/theory – <i>Shelley Horak</i>
3:45 pm – 5:00 pm	LCP de-briefing and discussion
<b>Thursday, October 6, 2011</b>	
7:15 am – 8:00 am	Registration and Breakfast
8:00 am – 9:00 am	Iowa’s Family Health Plan Overview (Title V and Title X) – <i>Gretchen Hageman, Mary Kay Brinkman, Stephanie Trusty</i> [North Prairie]
9:10 am – 12:00 pm 1. 9:10-10:00 2. 10:10-11:00 3. 11:10-12:00	Breakout Sessions (each repeated 3 times): <ul style="list-style-type: none"> <li>• Care Coordination: Our Journey – <i>Shelley Horak</i> [North Prairie]</li> <li>• Promoting Healthy Weight Gain During Pregnancy – <i>Debbie Kane</i> [Central Prairie]</li> <li>• Maternal, Infant, Early Childhood Home Visiting – <i>Gretchen Hageman</i> [Harvest ]</li> <li>• Healthy Child Care Iowa In 2012 – <i>Analisa Pearson</i> [Conference Room 1]</li> <li>• Trauma Informed Care (TIC) – <i>Gladys Alvarez</i> [Conference Room 2]</li> <li>• Cultural Competency through “Unnatural Causes” – <i>Janice Edmunds-Wells</i> [Carver Board room]</li> <li>• Epigenetics and the Life Course – <i>Kim Piper</i> [Hayden Conference Room]</li> </ul>
12:00 pm – 12:45 pm	Lunch [pick up boxed lunches in lobby, take to Central Prairie]
1:00 pm – 3:00 pm	BFH Grantee Meeting [North Prairie] <ul style="list-style-type: none"> <li>• Contract Updates</li> <li>• CAREs Update</li> <li>• I-Smile™ Update</li> <li>• Accountable Government Act (AGA)</li> <li>• Community Health Needs Assessment – Health Improvement Plan (CHNA-HIP): MCH/FP Issues and Statewide Analysis</li> <li>• Looking to the Future <ul style="list-style-type: none"> <li>○ Follow-up to Listening Post</li> <li>○ MCH/FP Advocacy</li> <li>○ Legislative Update</li> <li>○ Linking with LBOH</li> </ul> </li> </ul>
3:00 pm	Adjourn

Note: An evaluation of the presented sessions will be made available on-line within a week after the Seminar. The materials will also become available after the Seminar on the Bureau of Family Health website.

## **Breakout Session Descriptions: Thursday, October 6, 2011**

### **1. Care Coordination: Our Journey – *Shelley Horak* [North Prairie]**

How do you feel about care coordination in your agency? What needs to change? How can we help you? Come to this presentation to learn about how our EPSDT and Maternal Health staff are working to develop a better understanding of care coordination. This is a participatory session! Your suggestions are important!

### **2. Promoting Healthy Weight Gain During Pregnancy – *Debbie Kane, Steph Trusty* [Central Prairie]**

During this session, we will address the following questions: 1) What are the Institute of Medicine (IOM) guidelines for weight gain during pregnancy? 2) How well do Iowans meet the IOM guidelines for weight gain during pregnancy? 3) How does pregnancy weight gain vary by demographic characteristics such as age, race, and education? 4) What maternal and newborn adverse effects are associated with unhealthy weight gain during pregnancy, and 5) What strategies can Title V agencies use to promote healthy weight gain during pregnancy and to attain a healthy postpartum weight among Title V agency clients?

### **3. Maternal, Infant, Early Childhood Home Visiting – *Gretchen Hageman* [Harvest Room]**

This session will provide an overview of the Maternal, Infant and Early Childhood Home Visiting program that was created in the Patient Protection and Affordable Care Act. The session will also provide an overview of the needs assessment, the at-risk communities and the implementation of evidence-based home visiting services.

### **4. Healthy Child Care Iowa In 2012 – *Analisa Pearson* [Conference Room 1]**

This session will explore changes to the work of the CCNCs in SFY & FFY 2012 including workgroups on priority projects, advances in independent practice, QRS revisions, and CCR&R & ECI changes. The 3rd section of the breakout from 11:10 – 12:00 has been reserved by the following CH Agencies - Taylor Co, Family Inc., Matura, Crawford Co, New Opportunities & Webster Co for specific group technical assistance, other agencies please choose this breakout at 9:10 or 10:10.

### **5. Trauma Informed Care (TIC) – *Gladys Alvarez* [Conference Room 2]**

This session will examine what is meant by Trauma Informed Care. It will also cover various types of trauma and how it impacts brain development. Participants will gain an understanding of why it is important for organizations, professionals and care givers to understand the impact of trauma on their systems/agencies, their clients and themselves.

### **6. Cultural Competency through “Unnatural Causes” – *Janice Edmunds-Wells* [Carver Board room]**

This workshop is designed to address State Performance Measure 3: the degree to which Iowa’s state MCH Title V programs address health equity and to energize and provide participants essential tools and strategies in addressing the changing demographics and service needs of diverse populations within Iowa’s MCH grantee service areas.

1. Participants will gain knowledge and skills via the IDPH Office of Minority and Multicultural Health leading library of the video “Unnatural Causes,” to provide agency and staff awareness of social, economic and racial inequities and their health consequences.
2. Participants will obtain strategies to address the need for on-going cultural competencies, awareness and in- service trainings which are economically feasible and staff conducive.
3. Participants will be provided assistance in opportunities to include national initiatives to reduce racial and ethnic health disparities and health equity. Workshop participants will receive tools that are user friendly in collaboration with the Dept. of Health and Human Services Office of Minority Health National Plan for Action and National Strategies for Action and SPM #3

### **7. Epigenetics and the Life Course – *Kim Piper* [Hayden Conference Room]**

This session will provide information about how behaviors and environment can change the way one’s genes work, even through generations. We will discuss possible interventions to reverse or influence how these changes impact the risk of later disease.