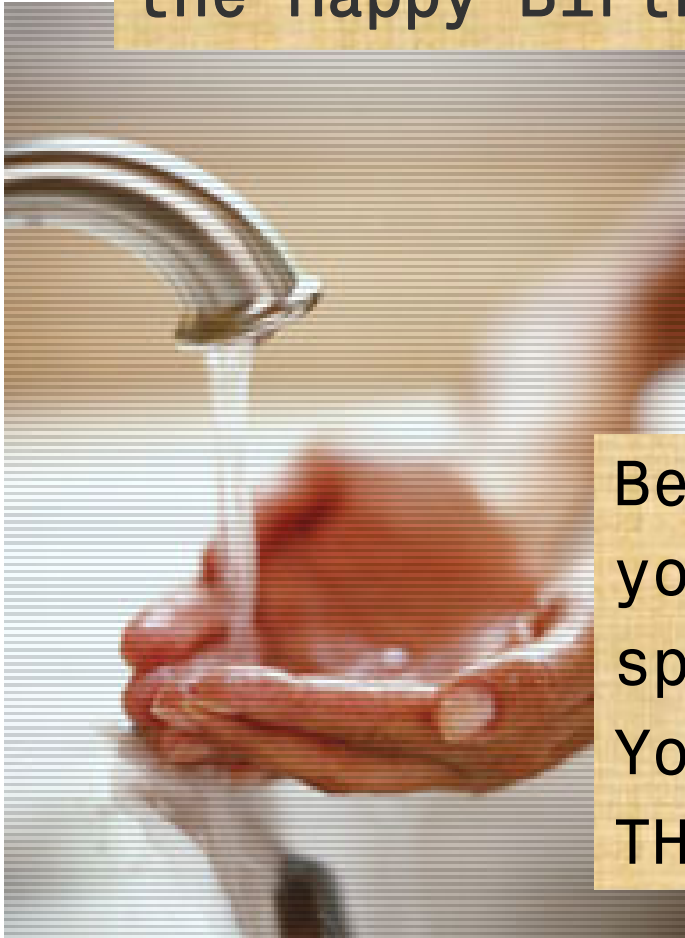


15 seconds. That's twice through
the Happy Birthday song.



Better to be caught singing to
yourself than be caught
spreading germs in the office.
Your co-workers will
THANK YOU.

The best defense against influenza germs and other germs as well is frequent
and correct hand washing.

This message brought to you by the Iowa Department of Public Health.

